THREE YEARS OF RESILIENCE

GAZA

Impact Report



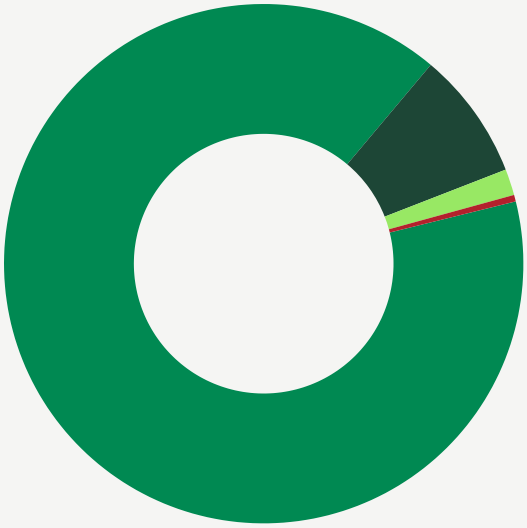
IDRF

OUR MISSION

International Development and Relief Foundation (IDRF) is a registered charitable organization, founded and based in Canada.

IDRF is dedicated to empowering communities and relieving suffering worldwide. With decades of experience in humanitarian aid and sustainable development, IDRF collaborates closely with local partners to implement programs that meet urgent needs and foster long-term solutions. From emergency disaster relief to initiatives in education, healthcare, clean water, and economic empowerment, IDRF aims to make a tangible, lasting difference in vulnerable communities.

IDRF's programs respond quickly in crises and build resilient communities for the future. During emergencies, such as disasters or conflicts, we provide food, shelter, medical aid, and essential supplies. Our development programs also empower individuals through education, healthcare, access to clean water, and opportunities for livelihoods. By blending immediate help with sustainable solutions, IDRF ensures aid reaches those in need and helps communities thrive long-term.



Programs	**90.1%**	Admin	**1.2%**
Fundraising	**8.4%**	Other	**0.3%**

With 42 years experience, we maintain a cost-effective operation, ensuring transparency and accountability in handling donor funds. 91% of your donations directly supports our programs.

Star Rating ★★★★★

✓+	GOOD
Financial Transparency	**Demonstrated Impact**
B+	90%
Results Reporting	**of your dollar to the cause**

**Rated by Charityintelligence.ca*

2025 TOP 100 CHARITY
Charity Intelligence's Highest Rated Charities
★★★★★

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idrf.ca/transparency



32 YEARS OF EXPERIENCE

in implementing humanitarian relief & sustainable development programs in Palestine.

1994	IDRF begins work in Palestine.
1994-2007	IDRF responds to multiple disasters & urgent needs in the West Bank and Gaza.
2008-2020	IDRF establishes its sustainable development profile in Gaza supporting operations in all sectors of Humanitarian Response.
2021	IDRF launches largest ever response in Ramadan of 2021 providing Food, Water, medical support, clothing, livelihoods, school rehabilitation and shelter in Gaza and East Jerusalem.
2021-NOW	IDRF hires a country staff in Palestine and IDRF becomes a participating partner of the WASH, Health, food and Education clusters in Gaza.
& BEYOND	IDRF continues to be a leader in the Gaza programming.



THREE YEARS OF RESILIENCE: STANDING WITH GAZA

October 2026 marks three years since the devastation in Gaza began. In that time, more than 73,000 people have been killed and over 175,000 injured, entire neighbourhoods reduced to rubble, and essential services deliberately dismantled.

Homes, schools, and hospitals have been wiped out, leaving families with little more than their faith and resilience. International observers, including UN experts and humanitarian organizations, have recognized this campaign as not only a humanitarian catastrophe but also a genocide.

A ceasefire took effect in October 2025. It did not end the crisis. More than 1,300 people have been killed since it began, famine conditions have eased but not lifted, and reconstruction has barely started. What changed most was the attention. The need did not.

Yet the people of Gaza endure. And through your support, IDRF has stayed.

Over the past three years, your contributions have enabled us to provide:

- Emergency food parcels that kept families nourished through an engineered famine and market collapse.
- Clean water at a time when 96% of Gaza's water was unfit for human use.
- Medical supplies and emergency clinics, reaching patients when hospitals were bombed.
- Psychosocial care for children who have lost parents, siblings, and friends.
- Tents and hygiene items for families forced to flee again and again.

Most of Gaza's population is still displaced. Since the ceasefire, some 690,000 people have moved north, many returning to neighbourhoods that no longer exist. Families are entering a third winter in tents.

Roads like Rashid remain lifelines for our teams. Every truck that enters, every parcel delivered, is not just relief. It is a reminder that Gaza has not been forgotten.

EMERGENCY RESPONSE

IDRF has been one of the first on the ground since October 7, 2023.

Our teams, who have been working in Gaza for years, responded immediately. Since October 2023, they have been working day and night to provide thousands of civilians with food aid, clean water, health care support, non-food items, and psychosocial support.



We've distributed

20,000 PARCELS

which includes critical staples, like rice, canned meat and cheese, pasta, tea, sugar, and disposable utensils. Families receive two parcels per week.



Everyday, we distribute

1.7 MILLION LITRES

of clean drinking water to families.



We've offered

100,000 CHILDREN

with psychosocial support and educational activities



We've distributed

OVER 100,000 HOT MEALS

consisting of rice, meat, lentils, and local staples to families in Gaza.



IDRF continues to provide

2,000 FAMILIES

with hygiene items, jerry cans and health care supplies across the Gaza Strip.



Provided fresh food in partnership with local farmers,

5,000 PARCELS

of fresh produce were given to families across the Gaza strip for several months



We have built

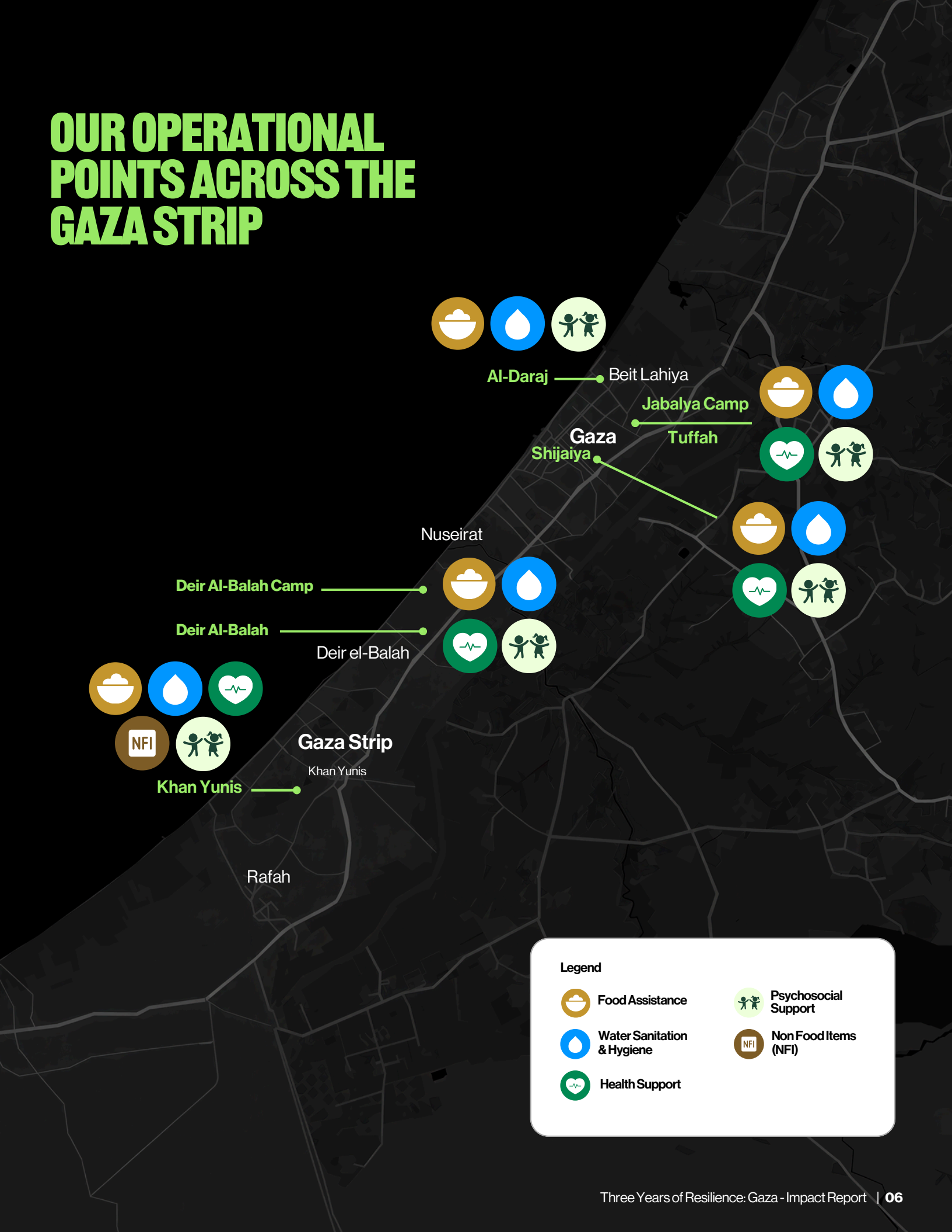
5 MEDICAL POINTS

to support families with immediate needs, such as medication and check-ups.

OUR WORK IN GAZA SINCE OCTOBER 7, 2023.

OCTOBER 2023	Israel imposes complete siege on Gaza blocking food, water, and fuel. IDRF responded immediately through humanitarian services
OCTOBER 2023 -APRIL 2024	IDRF leveraged its multiple local partners and local teams to provide food, tents, water, health care, hygiene items and psychosocial support (PSS) to people across the Gaza Strip
MAY 2024	Over 800,000 people were at risk in Rafah as the Rafah invasion began. IDRF provided humanitarian services to the families that fled Rafah and relocated critical programs to Khan Yunis.
JANUARY 2025	A ceasefire was announced, briefly allowing aid trucks to enter Gaza through the Rafah crossing for the first time in months. Sadly, the pause was short-lived, marked by repeated violations that left hundreds of children killed and the suffering ongoing.
MARCH 2025	All aid into Gaza came to a halt, forcing many organizations to suspend food programs as supplies ran out. In response, IDRF expanded its water programming, reaching hundreds of thousands of people every week with clean, life-saving water.
AUGUST 2025	Famine was officially declared on 22 August 2025 by the Integrated Food Security Phase Classification
OCTOBER 2025	A ceasefire agreement takes effect on 10 October 2025. Aid access improves and IDRF expands distributions. Strikes continue, and more than 1,300 people are killed in the months that follow.
DECEMBER 2025	The IPC confirms famine conditions have been offset. 1.6 million people, 77% of Gaza's population, still face crisis levels of hunger.
FEBRUARY 2026	IDRF scales water delivery to 1.4 million litres daily, becoming Gaza's second-largest water distributor.
OCTOBER 2026	Three years on, the ceasefire holds unevenly and reconstruction has barely begun. IDRF continues delivering food, clean water and health care across the Gaza Strip, and is planning for the recovery still ahead.

OUR OPERATIONAL POINTS ACROSS THE GAZA STRIP



FOOD SECURITY

Food assistance has been a key pillar of our emergency response programs over the past three years.

Since the start of the crisis, delivering food assistance in Gaza has been a constant challenge as access restrictions and aid blockades pushed the population into famine. Famine conditions were formally offset in December 2025, but hunger has not ended. Between April and June 2026, over 1.2 million people, 59% of the population, still faced crisis levels of food insecurity.

Despite these obstacles, IDRF has remained on the ground, ensuring families received life-saving support through fresh food parcels, food vouchers, hot meals, and non-perishable packages.

Over the past three years, IDRF's food security response on average has included:

- 2,500 non-perishable and fresh food parcels each week
- 5,000 hot meals prepared and distributed daily
- 500 food vouchers distributed monthly

IDRF continues distributions across the Strip, with plans to expand as access allows.






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WASH Water Sanitation & Hygiene

Up to 7 in 10 families cannot collect the daily minimum of clean water.

Three years of war destroyed most of Gaza's water infrastructure, and the ceasefire has not brought it back. With over 96% of water supplies unfit for human use, families still depend on contaminated sources or water trucked in by aid agencies.

Since the start of the crisis, IDRF has worked daily to ensure families have access to clean drinking water. Through our water desalination plant, safe water is produced and then trucked across the Gaza Strip to reach families, hospitals, and schools, many still serving as shelters. In addition, IDRF has supplied fuel to water wells in northern Gaza, helping to restore water access in some of the hardest-hit areas.

- IDRF is now the second-largest water distributor in Gaza
- Delivering over 1.7 million litres of clean water each day
- More than 300,000 people across Gaza City, northern Gaza, Rafah, Khan Yunis, and the Central Area are supported daily

Water was one of the first things Gaza lost. Three years on, it is still one of the hardest things to find.



















MEDICAL CLINICS

In response to the healthcare crisis in Gaza, IDRF has established medical clinics to support families with essential care, emergency treatment, and ongoing health services.

Gaza's hospitals were among the first targets, and three years on the health system has not recovered. More than 43,000 people are living with life-changing injuries. The ceasefire did not restore what was destroyed.

Over the past three years, IDRF has established medical clinics in Gaza using 7.5m x 9m medical tents, built with reinforced plastic sheets, secure doors, and fabric covers to reduce heat. Each site has large-capacity water tanks and durable sanitation facilities.

Our clinics provide general medication, pharmacy access, physical checkups, pediatric care, and maternity support. Every day, hundreds of patients receive treatment and referrals at no cost.

For many families, these clinics are the only health care within reach.



5
medical clinics



Hundreds of patients receive medical treatment and referral pathways free of cost everyday






RELIEF ALLIANCE
GAZA EMERGENCY RESPONSE


IDRF









SUPPORT FOR WOMEN AND CHILDREN

Our response in Gaza also includes targeted support for women and children, like baby kits, women's dignity kits, and psychosocial support for children.

For the past three years, IDRF has been working across the Gaza Strip to support thousands of children who have lost, or been separated from, their parents and families. New mothers, many without access to even the most basic support, have been among the most vulnerable.

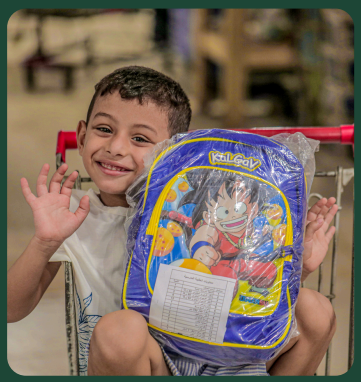
Through our programs, we have provided immediate relief: hot meals, psychosocial care, clean water, hygiene kits, and medical services. Recognizing the specific needs of women and children, we have distributed dignity kits for women, baby kits containing food, diapers, and wipes, and menstrual hygiene products to restore dignity and meet urgent needs.

Our psychosocial program has been active since the very beginning of the crisis, offering eight sessions every month and reaching over 100,000 children to date. At the same time, we have created safe spaces for children, offering regular games and activities as well as classes in Math, Arabic, and Science. These programs ensure that even in the midst of a crisis, children continue to learn, grow, and hold on to the hope of a brighter future.










target







GAZA HAS LEFT THE HEADLINES. IT HAS NOT LEFT CRISIS.

Three years on, most families are still displaced, still living in tents, still waiting for clean water and consistent food. **The ceasefire changed the news cycle. It has not yet changed daily life.**

Our teams are still in Gaza. They are staying. That is only possible **because of you.**

Continue your support at
idrf.ca/gaza

Together, we are People Helping People.

International Development and Relief Foundation

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