

# YOUR DONATIONS IN ACTION

Ramadan 2026



# OUR INTERNATIONAL RESPONSE

This Ramadan, thanks to your donations, we were able to make a huge impact!

Your Zakat, Fitrah, and Sadaqah donations went towards helping the most vulnerable and those in need.

---

**619,520**

People supported with food assistance

---

**1,068,100**

People supported through water programs



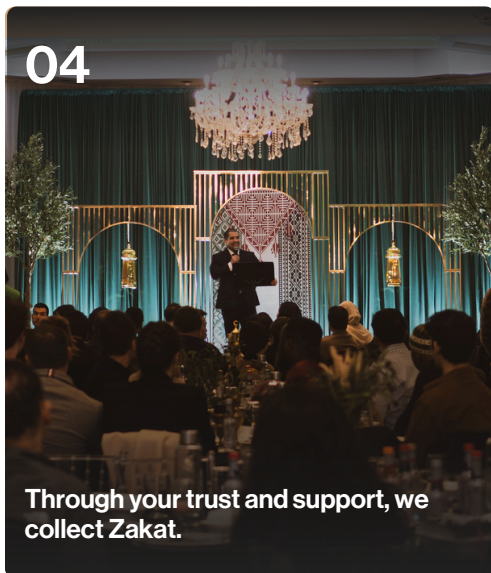
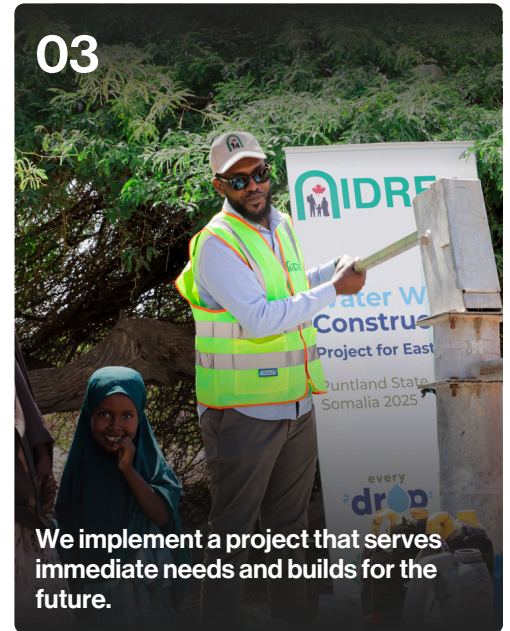
# Our Zakat Where Most Needed Distribution Process

Zakat is a universal welfare system to support people who are most in need and vulnerable.

Your Zakat helps save lives and rebuild communities. It ensures enough support so that one can live with dignity.

At IDRF, we have an internal evaluation system to distribute donations that are allocated as **Zakat Where Most Needed**.

We consider this based on the current circumstances at the time of donation. IDRF follows this procedure:



# GAZA EMERGENCY RESPONSE

---

**192,400**

People were provided with food parcels and vouchers to last a month

---

**112,456+**

People were provided with Zakat-ul Fitr this Ramadan

---

**1.1 Million**

Litres of clean drinking water delivered daily to families in need

**30**

Psychosocial support sessions provided to children across the Gaza Strip.

---

**30,000+**

People were provided iftar meals throughout Ramadan





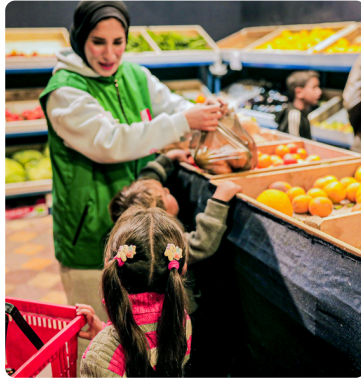
## Palestine in Crisis

As the siege in Gaza entered its third year, the people of Gaza continued to endure starvation, grief, and displacement. A ceasefire was called, yet the hardships never stopped; bombardment, aid restrictions, and a deepening humanitarian catastrophe have remained a daily reality.

Despite these conditions, **IDRF never left**. Our team remained on the ground, adapting in real time as the situation grew more dire. Every day, we delivered clean drinking water through our trucks, wells, and desalination plants, becoming the second largest water distributor in Gaza. Our water trucks became a recognized lifeline on the ground, reaching communities that had no other source of clean water.

But our response went beyond water. We distributed food parcels with fresh produce, hot iftar meals, hygiene and dignity kits for families in overcrowded shelters, and psychosocial support for children whose lives have been shattered by war.

While restrictions on aid continue to choke supply routes, our long-standing presence has allowed us to work with local partners, sourcing supplies directly from farmers and vendors to keep delivering essentials. Every parcel delivered, every litre of water distributed was made possible by your support.



# FOOD SECURITY

With your help, we're building stronger local food systems.

---

## 673 Million

Individuals struggle to find a meal each day

---

## 7%

This year, global food prices went up by





**Countries we worked in**

Afghanistan, Bangladesh, Botswana, Eswatini, India, Jordan, Kenya, Lebanon, Lesotho, Malawi, Mozambique, Namibia, Palestine (Gaza and West Bank), Pakistan, Rwanda, Sierra Leone, Somalia, South Africa, Syria, Tanzania, Uganda, Yemen, Zambia, Zimbabwe

# Food Assistance

**Rising global food insecurity is a crisis fueled by conflict, climate change, political instability, and economic hardship.**

These intersecting challenges have left millions of people, especially in vulnerable communities, without reliable access to food. Droughts destroy crops, conflict displaces families from their homes and livelihoods, and rising prices put even basic staples out of reach.

In the face of these growing hardships, your support made a difference.

Thanks to your generosity, we delivered emergency food aid to families facing hunger and invested in long-term solutions like sustainable agriculture and local food systems.

# 24

Countries

# 619,520

People supported through food assistance

# Yemen

After years of conflict, economic collapse, and crippling infrastructure, Yemen continues to face one of the worst humanitarian crises in the world.

Rising food prices, disrupted agricultural production, and mass displacement have left millions struggling to meet their basic necessities. The situation has pushed food insecurity to catastrophic levels, with more than 18 million people in urgent need of support.

This Ramadan, your donations helped deliver food packages to people in Yemen, ensuring they had the nourishment they need even in the most difficult times.



45,748

People were provided with food packages to last a month



15,960

People were provided with iftars to break their fast

38,920

People were provided with food packages to last a month

# Somalia

Somalia is facing a deepening humanitarian emergency as drought, conflict, and rising food prices push millions closer to crisis. An estimated 6.5 million people are facing acute hunger, including 2 million at emergency levels.

Consecutive failed rainy seasons have devastated crops and livestock, with the latest cereal harvest falling more than 80% below average. Nearly 1.8 million children are projected to suffer from acute malnutrition.

Thanks to your generosity this Ramadan, food packages were delivered to vulnerable families in Somalia, helping provide essential nourishment throughout the month.

## Halima's Story

**Across the Horn of Africa, prolonged drought, conflict, and displacement have left millions of families struggling to survive. In Kenya's Garissa County, vulnerable communities, many of them displaced, face severe food shortages with little access to income or support.**

Halima is a 65-year-old widow raising four grandchildren on her own. After losing her husband eight years ago, her daughter stepped in to support the family, until she too passed away three years ago, leaving the children in Halima's care.

With no income, no work, and no reliable support, Halima struggled daily to feed her grandchildren. Some nights, the family went to sleep without eating. Several of her grandchildren became malnourished, and she had no means to provide them with consistent meals.

This Ramadan, through your generosity, Halima's family received food packages that brought immediate relief, enough to feed her household for a full month.

For the first time in a long time, she felt a sense of peace, knowing her grandchildren would not go hungry.

**"Whenever I get food, I eat and sleep peacefully. But whenever I do not, I simply close my door and wait for another day to come with its challenges. Today, I have a reason to smile."**

**Halima**  
Kenya



# Kareem's Story

Since conflict erupted in 2023, millions of Sudanese families have been forced from their homes. In North Darfur, where famine has been confirmed, displaced communities are surviving in overcrowded camps with almost no access to food, income, or basic services.

Kareem is a 45-year-old father of five who fled Al-Fasher with his family after violence made it impossible to stay. Now living in a displacement camp in Tawila, he faced the daily weight of not knowing how he would feed his children.

With no work and no income, every meal became a source of anxiety. His children relied entirely on whatever aid reached the camp.

This Ramadan, through your donations, IDRF's central kitchen initiative provided Kareem's family with daily cooked iftar meals, giving them consistent nourishment throughout the month.

For his family, it meant more than food. It meant dignity, relief, and a moment of peace during the hardest chapter of their lives.

**"In the camp, everything is uncertain. The hardest part was not knowing how I would feed my children each day."**

Kareem  
Sudan





# Afghanistan

After decades of instability, Afghanistan continues to face a severe humanitarian crisis. Over 23 million people are in need of assistance, and more than 17 million are facing acute food insecurity.

Families displaced to northern provinces like Kunduz and Mazar-i-Sharif continue to face poverty and food shortages. Over 6 million people are internally displaced, with women and children making up the vast majority of those most affected.

This Ramadan, your donations brought relief to thousands through food packages distributed in Kunduz and Mazar-i-Sharif, providing essential support for those in need throughout the month.

# 69,500

People were provided with food packages to last a month

# Pakistan

Pakistan continues to face severe food insecurity, as the country fights to recover from the effects of devastating floods, prolonged drought, and economic hardship.

A severe crisis of malnutrition and hunger is unfolding, creating an urgent situation that calls for immediate action and support.

Over 11 million people in rural Pakistan are experiencing high levels of acute food insecurity, with 1.7 million in critical conditions, requiring immediate assistance to address severe food deficits.

Thanks to the generosity of donors this Ramadan, food packages were delivered to vulnerable families, helping to provide them with essential nourishment throughout the month.



# 34,725

People were provided with food packages to last a month

# Nasreen's Story

With millions displaced and humanitarian funding shrinking, the Rohingya refugee crisis continues to deepen. Families living in the overcrowded camps of Cox's Bazar face limited access to food, clean water, and stable income, with women and children bearing the greatest burden.

Nasreen is a 42-year-old widow and mother of four who has been facing severe hardship since the loss of her husband. As the sole caregiver, she struggles daily to feed her children. Living in the Rohingya camp in Cox's Bazar, she has no reliable source of income.

During Ramadan, her challenges grew even harder as food prices rose and aid remained uncertain. She was often forced to reduce portions or skip meals entirely, putting her children's health and well-being at risk.

Through the Ramadan food packages Nasreen's family received, they were able to prepare nutritious meals for Sehri and Iftar without the constant worry of where food would come from.

The support gave her family relief during the most critical time of the year, and the dignity to observe Ramadan in peace.

"Where can I find food? I do not even have five taka to buy chili. Alhamdulillah, IDRF has provided us with food, and we are very happy now. We will make dua for the donors in our nafl and tahajjud salah."

Nasreen  
Bangladesh



# WATER FOR ALL

Every drop carries the promise of a better future.



---

## 4 Billion

People experience severe water shortages for at least one month each year

---

## 2.4 Billion

People are exposed to waterborne diseases



**Countries we worked in**

Bangladesh, Chad, India, Kenya, Palestine, Pakistan, Somalia, Uganda, Yemen,

# Water Security

**Around the world, water scarcity is threatening the health, dignity, and survival of millions.**

Driven by climate change, prolonged droughts, population displacement, and damaged infrastructure, access to safe, clean water is becoming increasingly difficult, especially in impoverished and crisis-affected regions. For many families, every day begins with the urgent search for water.

With your help, we're providing communities with access to clean drinking water through emergency distribution, well construction, and water purification systems. We also invest in long-term solutions that protect water sources and promote sustainable use.

Countries

**6**

People supported through Water, Sanitation & Hygiene projects

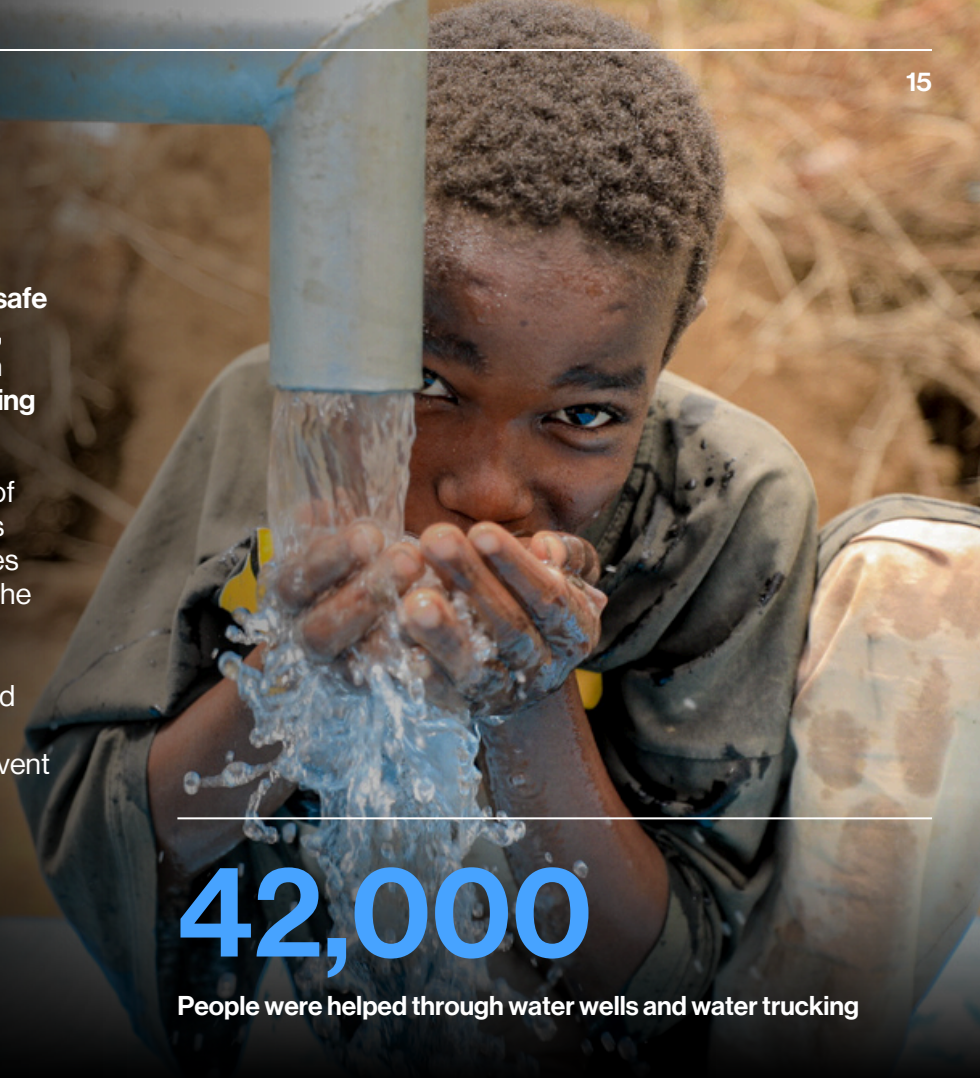
**1,068,100**

# Uganda

81% of the population in Uganda lacks access to safe water. Despite two decades of economic growth, rapid migration from rural areas to informal urban settlements has placed significant strain on existing water and sanitation infrastructure.

In cities, people living in poverty spend up to 22% of their income on water. In rural areas, many families walk over 30 minutes to collect water. This reduces time for work or school, making it harder to break the cycle of poverty.

This year, thanks to your donations, IDRF improved access to sustainable, clean, and safe water for communities in rural Maracha District, helping prevent the spread of waterborne diseases.



**42,000**

People were helped through water wells and water trucking



**39,000+**

People were helped through water wells

# Yemen

After more than a decade of conflict, Yemen's water infrastructure has been devastated.

Over 18 million people lack adequate access to clean water, and the collapse of sanitation systems has fueled outbreaks of cholera and other waterborne diseases, particularly among children and displaced families.

With nearly 5 million people internally displaced and water sources destroyed or contaminated, many communities depend entirely on trucked water to survive.

This Ramadan, your donations helped IDRF deliver clean water through water trucking to families in Yemen who had no other source.



## Bangladesh

Bangladesh hosts over one million Rohingya refugees living in overcrowded camps in Cox's Bazar with severely limited access to clean water. Frequent cyclones, flooding, and funding cuts have placed immense strain on already fragile water infrastructure, leaving families vulnerable to waterborne diseases.

Beyond the camps, millions of Bangladeshis in surrounding communities also struggle with contaminated water sources caused by saltwater intrusion and climate disasters.

This Ramadan, your donations helped IDRF construct water wells in Bangladesh, providing sustainable access to safe, clean drinking water.

**20,000+**

People were helped through water wells

## Somalia

**Years of conflict and recurring drought have left Somalia's water infrastructure in ruins. An estimated 8 million people lack access to safe drinking water, with displaced communities in camps and rural areas among the hardest hit.**

Contaminated water sources have fueled repeated outbreaks of cholera and acute watery diarrhea, particularly among children under five.

With wells dried up and pipelines destroyed, millions of families depend entirely on trucked water as their only source of clean water.

This Ramadan, your donations helped IDRF deliver clean water through water trucking operations in Somalia, reaching families who had no other means of access.



**16,000+**

People were helped through water trucking

Emergency Humanitarian Assistance for Vulnerable Communities

Water Relief

IDRF Local Office, Dardara, November 2025

# Abdi's Story

Across Somalia, years of conflict and recurring drought have uprooted entire communities. In the Lower Shabelle region, displaced families are living in makeshift shelters with limited access to food, clean water, healthcare, or stable income.

Abdi is a 56-year-old father of twelve who was once a thriving farmer. Two years ago, conflict and climate disasters forced him to flee his village. Now living in an IDP camp in Barawe District, he struggles daily to provide for his family. On many nights, his children went to bed hungry.

Access to clean water is a constant challenge, with the camp relying on a single borehole that frequently breaks down. His youngest child suffers from ongoing health issues, but the nearest clinic is under-equipped and medication is scarce. Without farmland or tools, Abdi takes on occasional labour jobs, but the work is unpredictable and low-paying.

This Ramadan, through your generosity, Abdi's family received emergency assistance from IDRF, allowing him to buy food, medicine for his youngest child, and materials to restart his small carpentry trade.

For Abdi, the support meant more than survival. It restored a sense of dignity and gave his family hope that their lives could still improve.

**"It's not just about the money. It's about the hope it brings and the belief that our lives can improve despite the challenges we face."**

**Abdi**  
Somalia



# COMMUNITY EVENTS

**This Ramadan, our community  
came together once again.**

With the support of dedicated volunteers, staff, business ambassadors, and community leaders, we hosted workshops and Community Iftars nationwide.

Your presence and generosity at our events in Calgary, Edmonton, Montreal, London, Ottawa, Toronto, Vancouver, and Victoria, made a massive impact on vulnerable communities both locally and globally.







**Together, we are  
People Helping People.**

**International Development  
and Relief Foundation**

Charitable Registration No  
132542705RR0001

23 Lesmill Rd. Suite 300 North York  
ON M3B 3P6 • +1 866-497-IDRF (4373)



[idrf.ca](http://idrf.ca)  [official.idrf](https://www.facebook.com/official.idrf)   [idrfcanada](https://twitter.com/idrfcanada)