

ANNUAL REPORT

2025



MESSAGE FROM OUR BOARD OF DIRECTORS & CEO

As we reflect on 2025, we are filled with both humility and gratitude. We are reminded of the resilience of the communities we serve and the extraordinary compassion of those committed to supporting them. Families around the world continue to face the devastating effects of conflict, natural disasters, and economic instability. Thanks to your unwavering support, IDRF has been able to respond with dignity, compassion, and resilience.

This year, we reached more than 4.8 million people across 39 countries, delivering life-saving aid while also investing in long-term development.

From emergency relief in Gaza, Pakistan, Afghanistan, and Sudan, to education programs that opened doors for 120,000 children, to health services supporting 460,000 people, every effort reflected our shared commitment to building brighter futures. Here in Canada, we expanded programs that empower women and youth, ensuring that “People Helping People” remains at the heart of our mission both globally and locally.

These achievements are not ours alone. They belong to the communities who inspire us with their strength, to the grassroots partners whose leadership guides our work, and to the donors and volunteers whose generosity makes it all possible. Every life touched is a testament to what we can accomplish together.

Looking ahead, our five-year strategy, *A Brighter Future*, will guide our work as we invest in sustainable food systems, clean water, quality education, accessible healthcare, and economic empowerment.

We remain committed to ensuring that communities receive not only immediate relief in times of crisis, but also the resources and opportunities for long-term stability and empowerment.

Thank you for your continued trust and support.

Your compassion fuels our mission, and together, we will continue to transform lives and build a brighter future for generations to come.



Yasmeena Mohamed

Yasmeena Mohamed
Co-Chair



Reza Rizvi

Reza Rizvi
Co-Chair



Mahmood Qasim

Mahmood Qasim
CEO

Thank you from our Board of Directors!

Muhammad Munshi
Vice Chair
Marzia Habib-Hassan
Vice Chair

Nurhan Aycan
General Secretary
Mukhtar Rehamtulla
Board Member

Zeib Jeeva
Board Member
Muzna Ahmad
Board Member

Alain Daya
Board Member
Hiba Abdou
Board Member

**IDRF IS
RECOGNIZED AS A
TOP 100 OUT OF
90,000 CHARITIES
RANKED BY CHARITY
INTELLIGENCE, WITH
90% OF EVERY DOLLAR
DIRECTLY HELPING
THOSE IN NEED.**



*Scan to view report by
Charity Intelligence*

THANK YOU!

With your generous support, we were able to touch the lives of **4,899,087** people across **39** countries.



AMERICAS

Canada



Guyana



Brazil



Jamaica



1,145,503

people received food assistance through food parcels and vouchers



1,378,837

people supported with emergency response



1,689,958

people received clean water, hygiene and sanitation services



459,813

people received health care services



119,217

people received educational support



105,759

people received support to start businesses and receive training



MIDDLE EAST

Syria



Lebanon



Iraq



Turkiye



Jordan

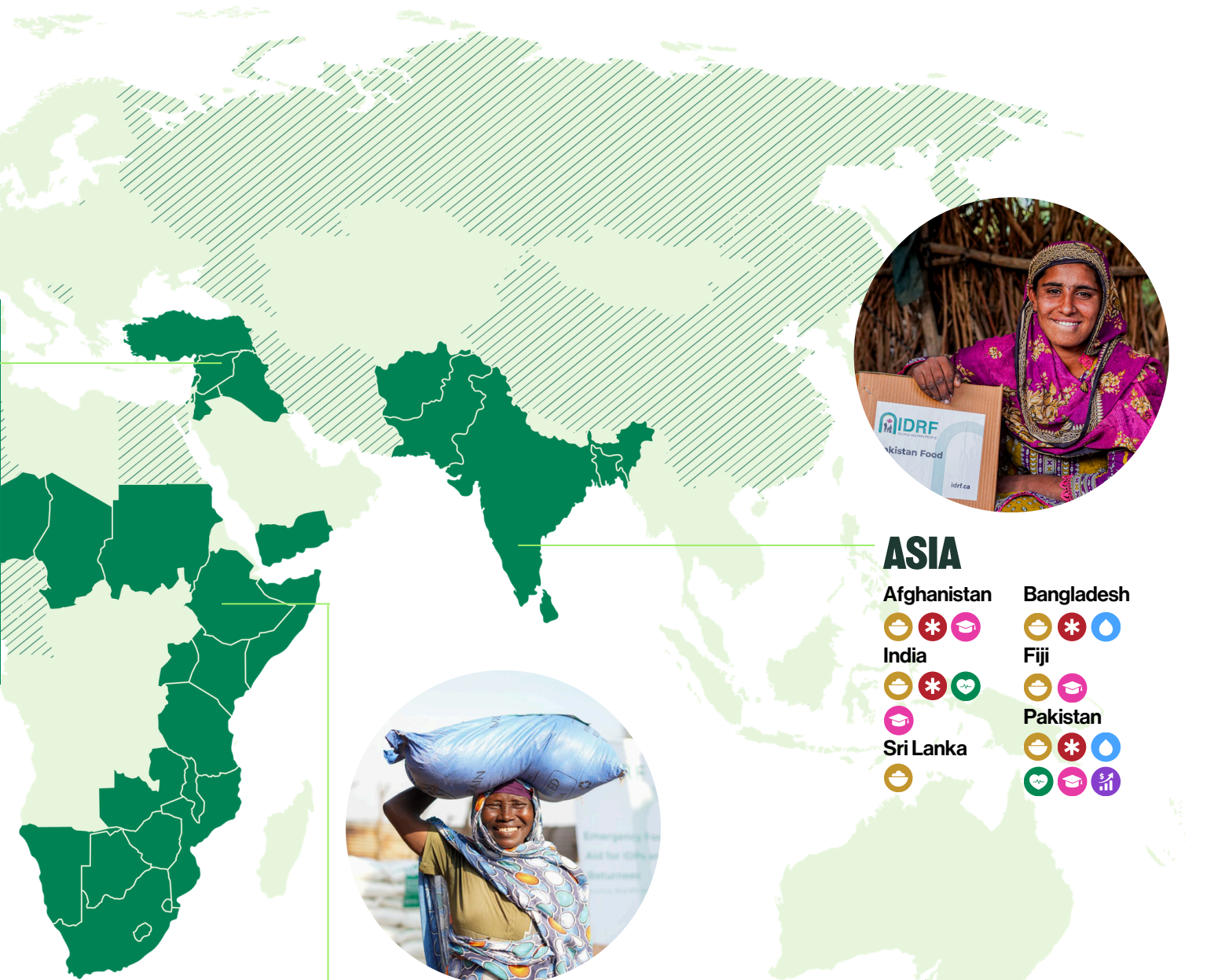


Yemen



Palestine





ASIA

- Afghanistan**
- India**
- Sri Lanka**
- Bangladesh**
- Fiji**
- Pakistan**

AFRICA

- Mali**
- Burkina Faso**
- Niger**
- Chad**
- Lesotho**
- Kenya**
- Zambia**
- Zimbabwe**
- Botswana**
- Malawi**
- Uganda**
- Tanzania**
- Ethiopia**
- Mozambique**
- Sudan**
- South Sudan**
- Morocco**
- Libya**
- Somalia**
- Eswatini (formerly Swaziland)**
- Egypt**

REGION

- Active Projects
- Past Projects

PROJECT

- Emergency Response
- Food & Nutrition
- WASH
- Health
- Education
- Economic Development

A BRIGHTER FUTURE 2021 - 2026

A Five Year Strategy

At IDRF, our programs focus on addressing current challenges while investing in the future of communities. We incorporate these practices through our five-year strategy of “A Brighter Future”.

Our priority is to actively address and work toward the UN's Sustainable Development Goals, so that we can create a brighter future for those who need it most.

We achieve this by combining short-term interventions with long-term development, seeking to cultivate change that endures.

Our unique localization model allows us to collaborate with grassroots initiatives, providing the resources they need to execute innovative solutions.



*Scan to read
more about our
Five Year Strategy*



THE FUTURE OF FOOD SECURITY



Sustainability is a multifaceted issue, in which food access and meeting basic nutritional needs is crucial. Achieving a healthy and sustainable food future is an urgent matter that depends on global collaboration. In the next five years, IDRF aims to achieve a sustainable and resilient food system through our communities by:

- Ensuring our food packages address the complex cultural and regional needs.
- Increase women's active participation and leadership in the decision-making process of local food access and security.
- Supporting farmers and local communities to adapt to climate change and build more resilient food systems.

BETTER HEALTH, BRIGHTER FUTURES



The global pandemic has significantly affected global health and health systems. Years of progress made in global health is now at risk of disappearing. In the next 5 years, IDRF aims to repair and strengthen access to healthcare by:

- Strengthening local health systems through capacity building, establishing remote clinics and providing medical equipment.
- Supporting midwifery programs and establishing women's health centres.
- Expanding access to diagnostic services.

WATER FOR ALL



Water and sanitation flow through every aspect of sustainable development. We believe that access to this essential service is a human right. In the coming years, IDRF aims to improve water security for the most vulnerable communities. This will be done by implementing and altering affordable access to clean drinking water, by:

- Ensuring management structures that are gender-inclusive
- Creating multi-use water systems to provide for communities, healthcare facilities and agriculture.
- Continuing to build and rehabilitate water wells that will be supported and maintained by the local community.

EDUCATION IS THE FUTURE



Education is vital in alleviating poverty, improving lives, and creating thriving communities. For our 5-year strategy, IDRF will work towards promoting learning and development for all, through:

- Providing education services for children and youth and aid in minimizing the psychological impact of disasters and emergencies.
- Removing and reducing the lack of accessibility to education for girls and children with special needs.
- Continue to provide food and financial assistance to students and their families.

TRAINING FOR THEIR FUTURE



Equitable and sustainable economic recovery is key in building resilient communities. In the next 5 years, IDRF aims to ensure marginalized communities are not left behind in the global economic recovery efforts by:

- Develop and promote sustainable agriculture and livestock programs.
- Address gender disparity and gender pay gap in the workforce
- Promote small and medium-sized businesses and support informal sector workers

TWO YEARS OF RESILIENCE: STANDING WITH GAZA

October 2025 marked two years since the devastation in Gaza began. In that time, more than 70,000 people have been killed, entire neighbourhoods reduced to rubble, and essential services deliberately dismantled.



IDRF was one of the first organizations on the ground since October 7, 2023.

Our teams have worked day and night to provide thousands of civilians with food aid, clean water, health care support, non-food items, and psychosocial support.



Everyday, we distribute **500,000 litres of clean drinking water** to families in need.



Each week, we distribute **2,000 parcels** which includes critical staples, like rice, canned meat, cheese, pasta, tea, sugar, and disposable utensils. Families receive two parcels per week.



Everyday, we distribute **over 5,000 hot meals** consisting of rice, meat, lentils, and local staples to families who face food insecurity.



Homes, schools, and hospitals have been wiped out, leaving families with little more than their faith and resilience. International observers, including UN experts and humanitarian organizations, have recognized this campaign as not only a humanitarian catastrophe but also a genocide.

Yet, even under siege, the people of Gaza endure. And with your support, IDRF has stood by them. Over the past two years, your contributions have enabled us to provide:

- Emergency food parcels, keeping families nourished despite an engineered famine and market collapse.
- Clean water deliveries, providing children and families with safe drinking water at a time when 90% of Gaza's water supply was undrinkable.
- Medical supplies and emergency care were provided through clinics when hospitals were bombed, and the healthcare system collapsed.
- Psychosocial support, offering care to children who have lost parents, siblings, and friends.
- Tents and hygiene items for displaced families, many of whom have been forced to flee multiple times due to repeated evacuation orders.

Right now, over 1.9 million people are internally displaced within Gaza, with more than 800,000 remaining in the north, who are surviving under extreme conditions. Every truck that enters and every parcel delivered is not just relief, it is a declaration of solidarity, and a reminder that the world has not abandoned Gaza.



Each month we distribute **4,000 Food Vouchers** to families, giving them the autonomy to make their own food choices from local markets.



IDRF continues to provide **2,000 families with hygiene items, jerry cans and health care supplies** across the Gaza Strip.

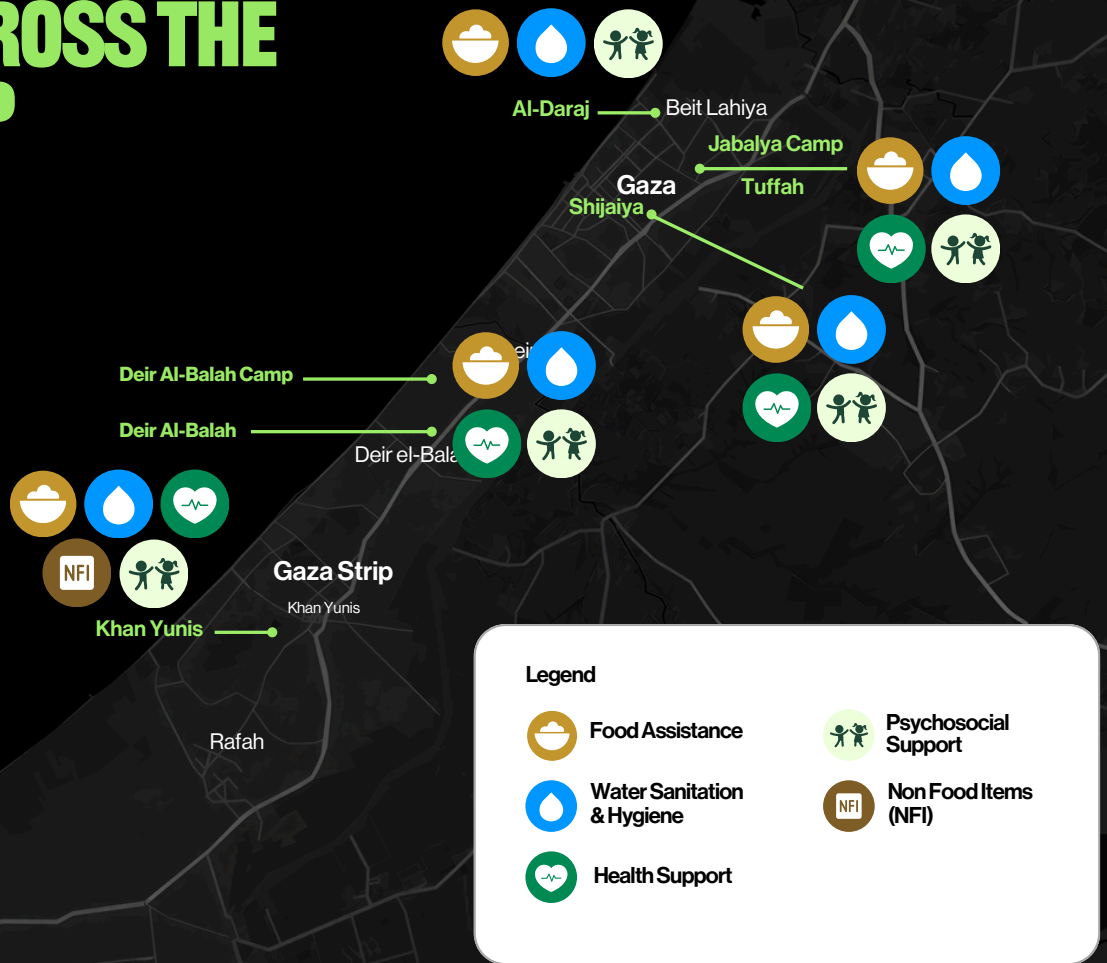


Each month, we host **8+ sessions of psychosocial support and educational activities** for children.



We have built **5 medical points** to support families with immediate needs, such as medication and check-ups.

OUR OPERATIONAL POINTS ACROSS THE GAZA STRIP



OUR WORK IN GAZA SINCE OCTOBER 7, 2023

OCT 2023-APR 2024

IDRF leveraged its multiple local partners and local teams to provide food, tents, water, health care, hygiene items and psychosocial support (PSS) to people across the Gaza Strip.

JUL 2024

The United Nations and various humanitarian actors reported over 1 million people in need of food aid as they face starvation.

OCT 2023

Israel imposes complete siege on Gaza blocking food, water, and fuel. IDRF responded immediately through humanitarian services.

MAY 2024

Over 800,000 people were at risk in Rafah as the Rafah invasion began. IDRF provided humanitarian services to the families that fled Rafah and relocated critical programs to Khan Yunis.



MAR 2025

All aid into Gaza came to a halt, forcing many organizations to suspend food programs as supplies ran out. In response, IDRF expanded its water programming, reaching hundreds of thousands of people every week with clean, life-saving water.

SEPT 2025

The UN Independent International Commission of Inquiry, operating under the Human Rights Council concluded that Israel is committing genocide in Gaza.

JAN 2025

The United Nations and various humanitarian actors reported over 1 million people in need of food aid as they face starvation.

AUG 2025

Famine was officially declared on 22 August 2025 by the Integrated Food Security Phase Classification.

OCT 2025

IDRF continues its humanitarian programs, supporting people across the Gaza Strip with food, water and health care support.



EMERGENCY RESPONSES

When disaster strikes, IDRF aims to be the first on the ground, providing immediate relief and aid.

For over 40 years, we have responded to communities facing conflict, natural disasters and economic crises across the world.

Our efforts focus on both short-term interventions and long-term rehabilitation. In addition to emergency relief, we empower communities through collaborative, sustainable development.

This year, we assisted **1,378,837 people in crisis around the world.**



 **1,378,837** people supported with emergency response

EMERGENCY RESPONSE

Distribution Process

At IDRF, we incorporate best practices in emergency programming by prioritizing sustainability through our **Respond, Rebuild, Recover, Resilience** implementation process.

RESPOND

Our response efforts include providing essential items to help people survive as soon as an emergency occurs. This includes emergency first-aid supplies, food, healthcare support, water, and hygiene and sanitation items.

REBUILD

Once immediate needs are addressed, we focus on rebuilding community infrastructure across the affected region. We do this by rehabilitating existing infrastructure and undertaking new construction as needed. This includes shelter rehabilitation and the construction of sustainable water sources.

RECOVERY

Our long-term recovery programming provides access to livelihood training and educational assistance. We do this by supporting small businesses, reconstructing schools, and operationalizing educational activities.

RESILIENCE

Ultimately, IDRF's goal is to ensure vulnerable communities are more resilient by providing programs that help communities become self-sufficient and avoid falling into more risk if this disaster were to occur again. IDRF does this by establishing Disaster Risk Reduction (DRR) programs within local communities.

SUDAN EMERGENCY RESPONSE

It has been over two years since the war in Sudan began. Since April 2023, more than 11 million people have been internally displaced, with millions more forced to flee beyond the country.

IDRF's 22-year history in Sudan and extensive network of trusted local partners enabled us to respond immediately.

IDRF has supported thousands of Sudanese with food assistance and non-food items, which include tents, hygiene kits, and water filtration units. We have also reached families who have fled to neighbouring countries, such as Chad, through emergency water and food aid support.

None of these interventions would be possible without our community of donors who choose to not look away and assist people enduring one of the worst humanitarian crises of our time.



Working in Dafur and North Kordofan state



90,803 people supported with emergency assistance



Currently focused on food, water and hygiene support for families





“

After losing my husband to conflict, life has been full of hunger, worry, and struggle. I'm in tears of gratitude for the food you've given us.

Sarah

“

In our village, we long relied on a distant, contaminated water source that caused frequent illness and made water collection unsafe and exhausting. Now, we have clean drinking water at home, improving our health, lowering medical costs, and giving me time to focus on embroidery and gardening.

Maryam



“

The food vouchers arrived at the perfect time. We were struggling with so much, and the children were delighted.

Khadija



“

This support not only brought food to our table during Ramadan, but it also gave us a sense of relief. Seeing that sense of comfort return to my grandchildren's faces was only made possible by this support. I'm truly grateful.

Hassan



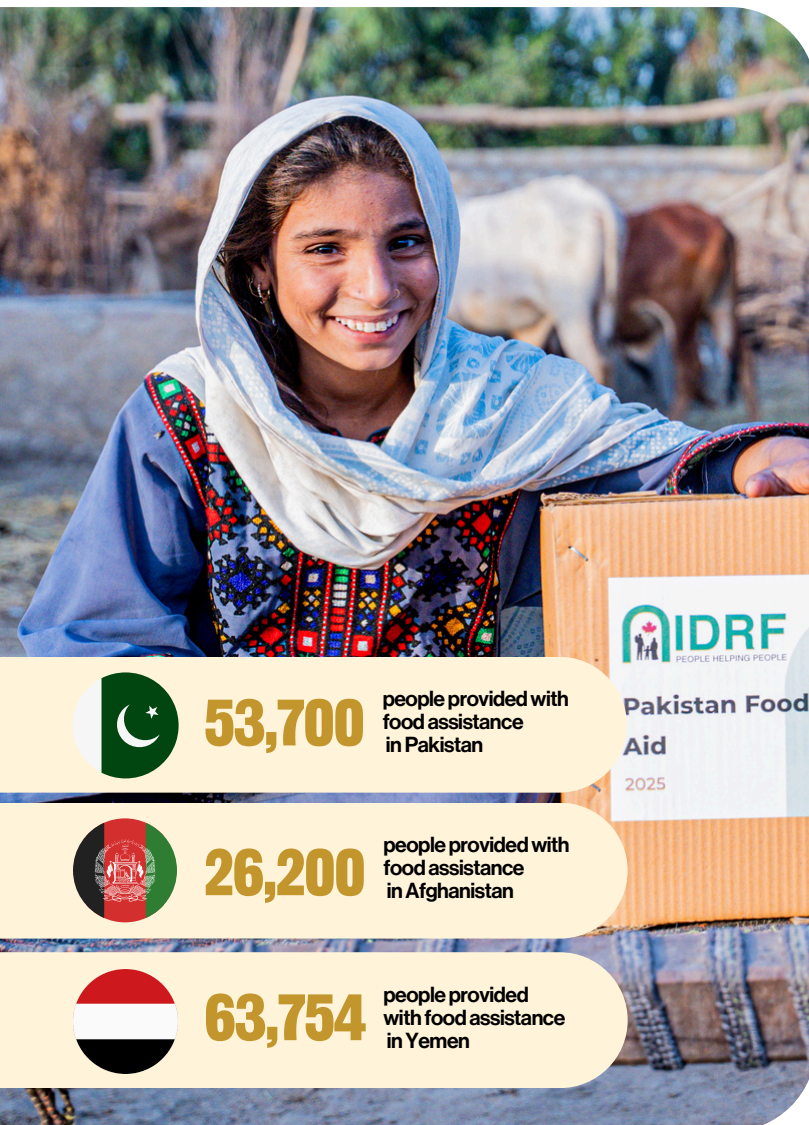
THE FUTURE OF FOOD SECURITY

An estimated 8.2 percent of the global population, or about 673 million people, experienced hunger in 2024.

Global food insecurity is driven by compounding factors, including rising inflation, conflict, climate change, and economic instability.

Our goal is to develop sustainable food systems, in addition to providing urgent relief to families in dire need.

This year, **1,145,503 people received food assistance** through IDRF's food security programs.



53,700

people provided with food assistance in Pakistan



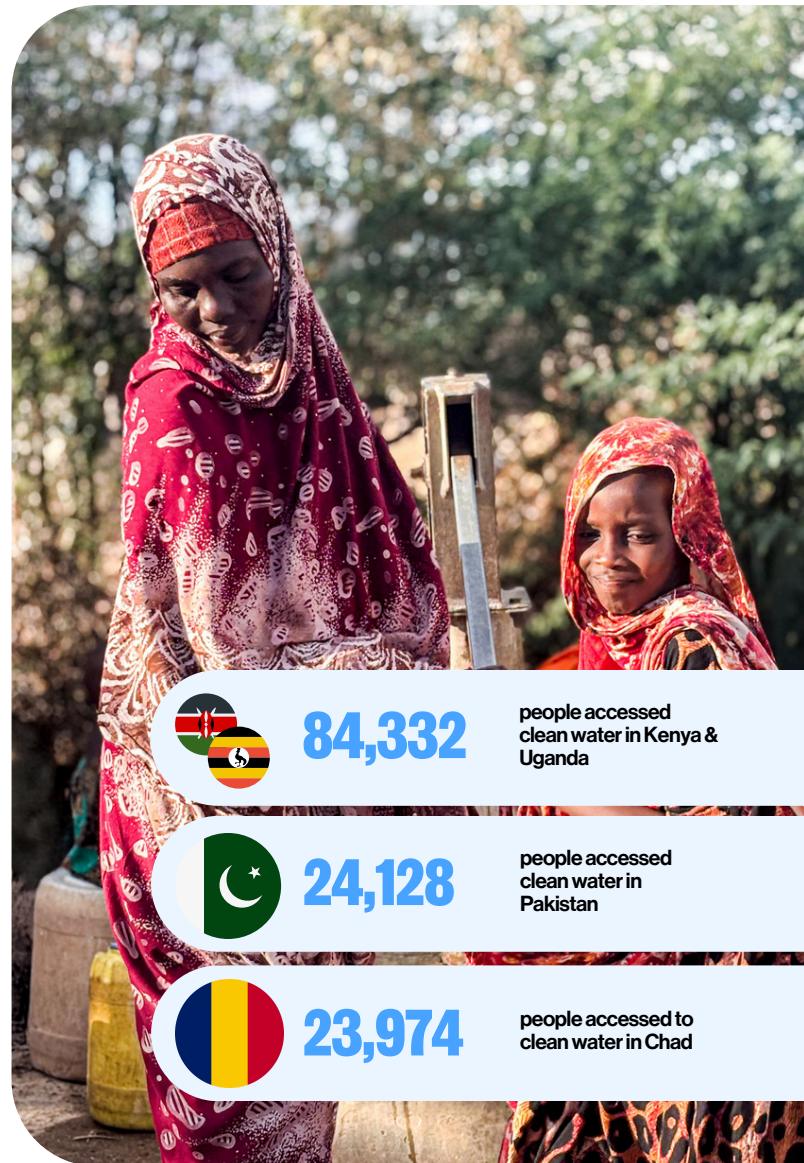
26,200

people provided with food assistance in Afghanistan



63,754

people provided with food assistance in Yemen



84,332

people accessed clean water in Kenya & Uganda



24,128

people accessed clean water in Pakistan



23,974

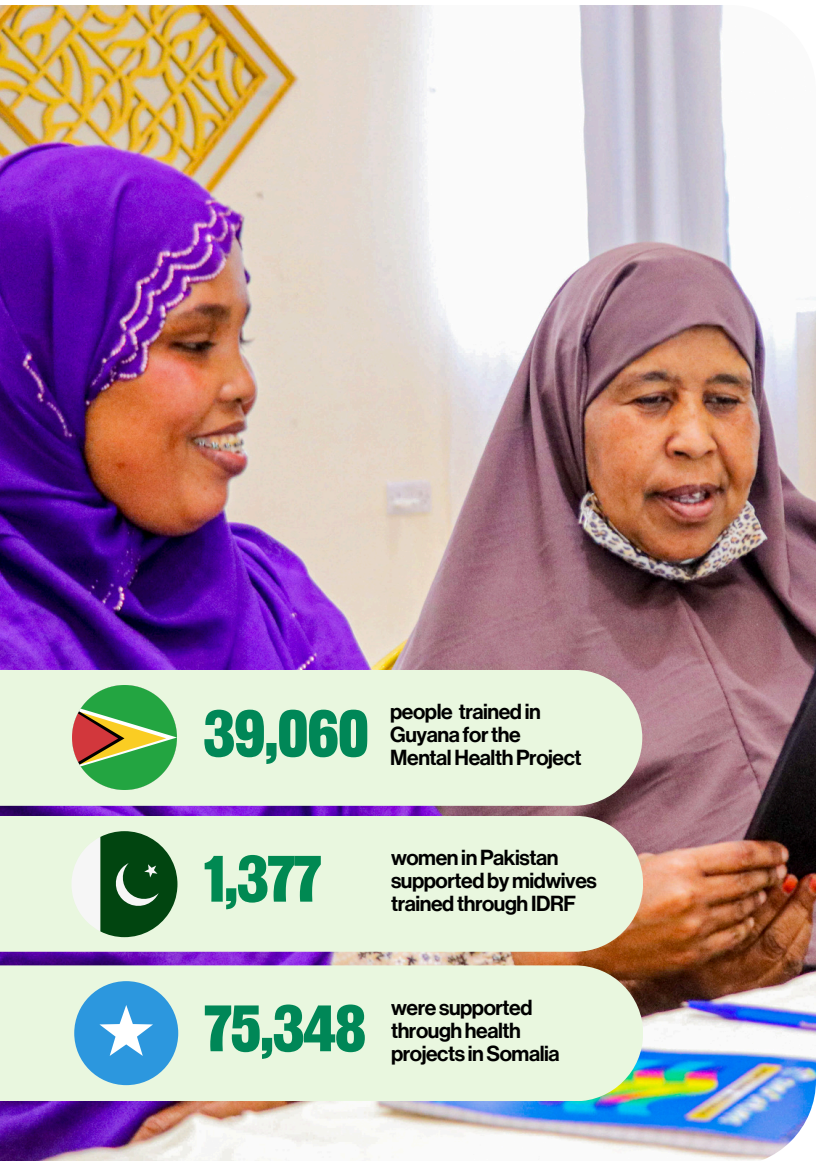
people accessed to clean water in Chad

WATER FOR ALL

Amid increasing water shortages, we are working to provide sustainable, efficient water sources to communities across the world.

Water scarcity disproportionately affects women and girls who are often responsible for travelling long distances to collect water. Global conflict and climate change are contributing to worsening water shortages globally.

This year, we provided **1,689,958 people with access to clean water and hygiene-related services.**



39,060

people trained in Guyana for the Mental Health Project



1,377

women in Pakistan supported by midwives trained through IDRF



75,348

were supported through health projects in Somalia

BETTER HEALTH, BRIGHTER FUTURES

We believe in providing people with high-quality healthcare services, without discrimination.

Whether someone falls ill, or requires urgent care, their socioeconomic conditions should never act as a barrier to healthcare access.

This year, **459,813** people received health care services through IDRF programs.

EDUCATION IS THE FUTURE

Everyone deserves the opportunity to learn, dream, and thrive.

Across the world, around 250 million children are out of school. With the help of our education and vocational training programs, we hope to equip both children and youth with knowledge that will support them for a lifetime.

This year, **119,217** people received educational support through IDRF.



28,853

students accessed education in India



38,125

students accessed education in Pakistan



12,700

accessed education in Turkiye

TRAINING FOR THEIR FUTURE

Following the COVID-19 pandemic, global unemployment and inflation are on the rise.

As the global economy recovers from the impact of the pandemic and numerous conflicts, marginalized populations are particularly susceptible to unemployment and financial difficulties.

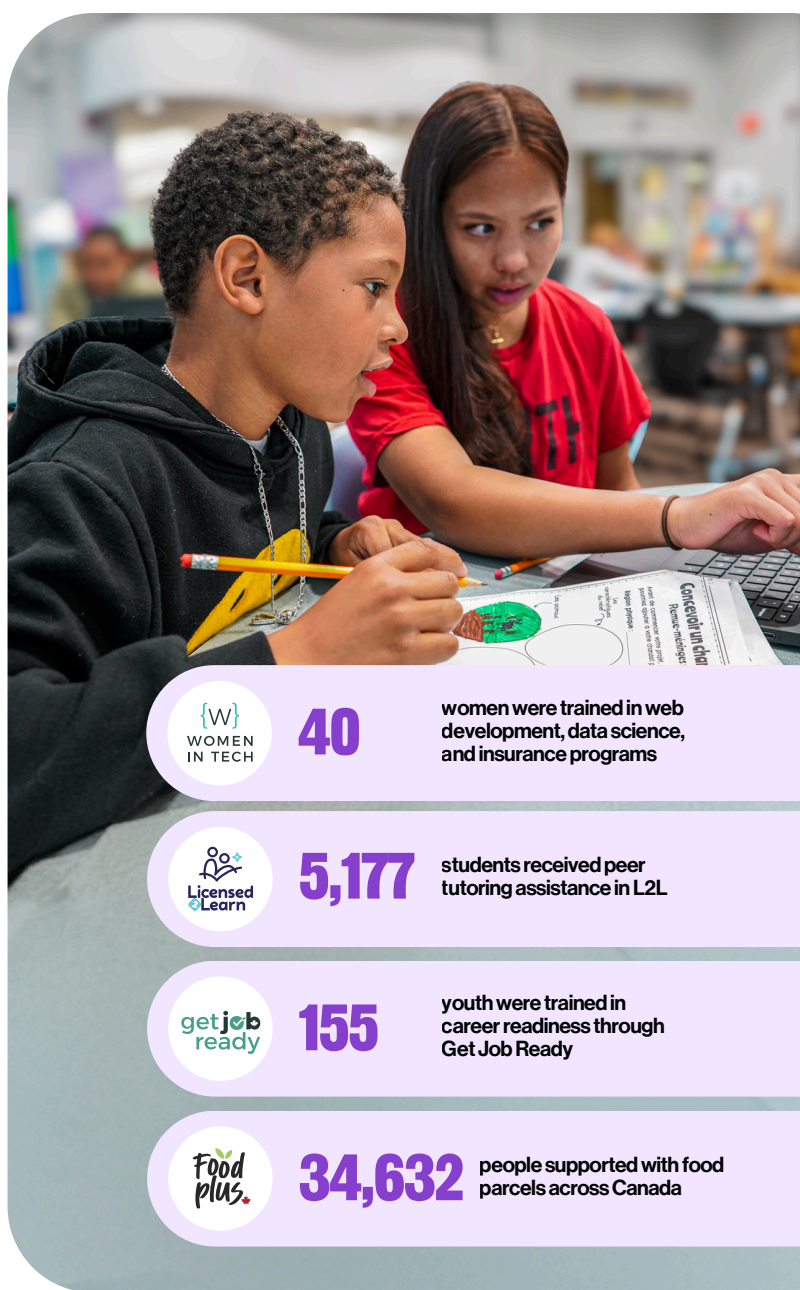
To foster financial independence, **105,759 people received training and support** to start businesses and pursue economic opportunities.



 **88,000** farmers in Yemen were empowered through our projects

 **230** people received vocational skills training in Somalia

 **20** women were trained in our culinary program in Morocco



 **40** women were trained in web development, data science, and insurance programs

 **5,177** students received peer tutoring assistance in L2L

 **155** youth were trained in career readiness through Get Job Ready

 **34,632** people supported with food parcels across Canada

A BRIGHTER FUTURE AT HOME

Setting young Canadians up for success. 

Our efforts in Canada focus on youth and women empowerment, food assistance, gender inclusivity in the workforce, and economic development.

This year, **17,993 Canadians received support through our food, hygiene, job readiness, and tutoring programs.**

DRIVEN BY OUR MISSION. INSPIRED BY THE FUTURE.

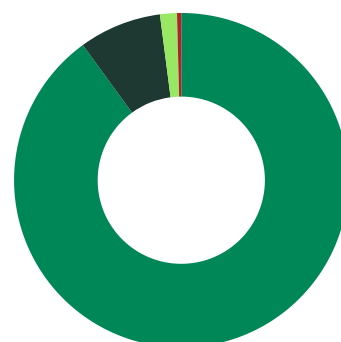
STATEMENT OF OPERATIONS

REVENUE	2025	2024	2023
Donations and fundraising events	29,864,161	30,449,273	20,212,864
Donations in kind	12,000,512	10,204,070	4,984,966
Other income	85,560	92,660	129,856
TOTAL REVENUE	41,950,233	40,746,003	25,327,686
EXPENSES - PROGRAM SERVICES			
International Projects:	31,416,886	30,666,763	20,565,345
Food Security	8,084,120	9,629,377	5,479,879
Emergency Relief	18,609,657	13,046,791	7,589,189
Water, Sanitation & Hygiene (WASH)	676,918	835,490	2,614,167
Health	1,447,922	3,836,980	3,577,460
Education	2,211,060	2,919,005	1,014,069
Economic Development	387,209	399,120	290,581
Canadian Projects:	6,087,571	5,791,959	2,138,550
Emergency Relief	1,380,986	523,799	482,824
Food Security	2,755,259	2,255,775	541,060
Education	543,956	505,703	550,103
Health	1,329,014	1,126,289	564,563
Educational Development	142,409	130,081	104,683
TOTAL EXPENSES	37,646,866	36,588,803	22,808,578
SUPPORTING SERVICES			
Amortization	60,083	63,390	67,628
Fundraising	3,690,513	3,161,602	2,121,437
General and Administrative	430,549	391,581	314,049
TOTAL SUPPORTING SERVICES	4,181,145	3,616,573	2,503,114
TOTAL	41,828,011	40,205,376	25,311,692
EXCESS OF REVENUE OVER EXPENSES	122,222	540,627	15,994

It takes a team of dedicated collaborators, working toward a meaningful goal, to effect change.

We are grateful for the ongoing generosity of our donors, and the support of gift-in-kind partners for their commitment to a brighter future.

EXPENDITURES



Programs	90.1%
Fundraising	8.4%
Admin	1.2%
Other	0.3%



**Together, we are
People Helping People.**

**International Development
and Relief Foundation**

Charitable Registration No
132542705RR0001

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