

YOUR DONATIONS IN ACTION 2024

every
child
counts!



40 YEARS OF
IMPACT

AIDRF

EVERY CHILD COUNTS

Every child deserves a strong foundation that supports their growth, learning, and well-being, paving the path to a life of opportunity and self-reliance.

We create a nurturing environment where children's immediate needs—education, healthcare, nutrition, and clean water—are met, paving the path for brighter futures.

Beyond basic care, we equip children with quality education, learning materials, and medical support, building a foundation for academic and emotional development.

As they grow, our goal is to instill self-reliance, empowering each child with the skills to thrive independently.

Step by step, we're paving the way for resilient, empowered adults ready to contribute to their communities.

4,881

children reached through
our ECC program



8

countries



A young girl in Palestine participating in creating artwork through our psychosocial support program.

*Children
deserve safe
spaces to
learn and
thrive.*



Every child deserves the right and access to start their day with nourishing meals, empowering them to learn and grow.

1,530

children are supported through our ECC program



1.4M

adults and children are supported overall



4

countries supported



By building sustainable food systems, we're investing in the well-being and future of communities around the world through:

- Tailoring food packages to meet the cultural and regional needs of each community.
- Providing children with nutritious breakfasts and hot meals to support their learning and development.
- Distributing food parcels and food vouchers to ensure families can access three healthy meals each day, even in regions with limited food markets.



WASH (WATER, SANITATION & HYGIENE)

Access to clean water should never be a barrier to a child's education.

1,430

children are supported through our ECC program



1.5M

adults and children are supported overall



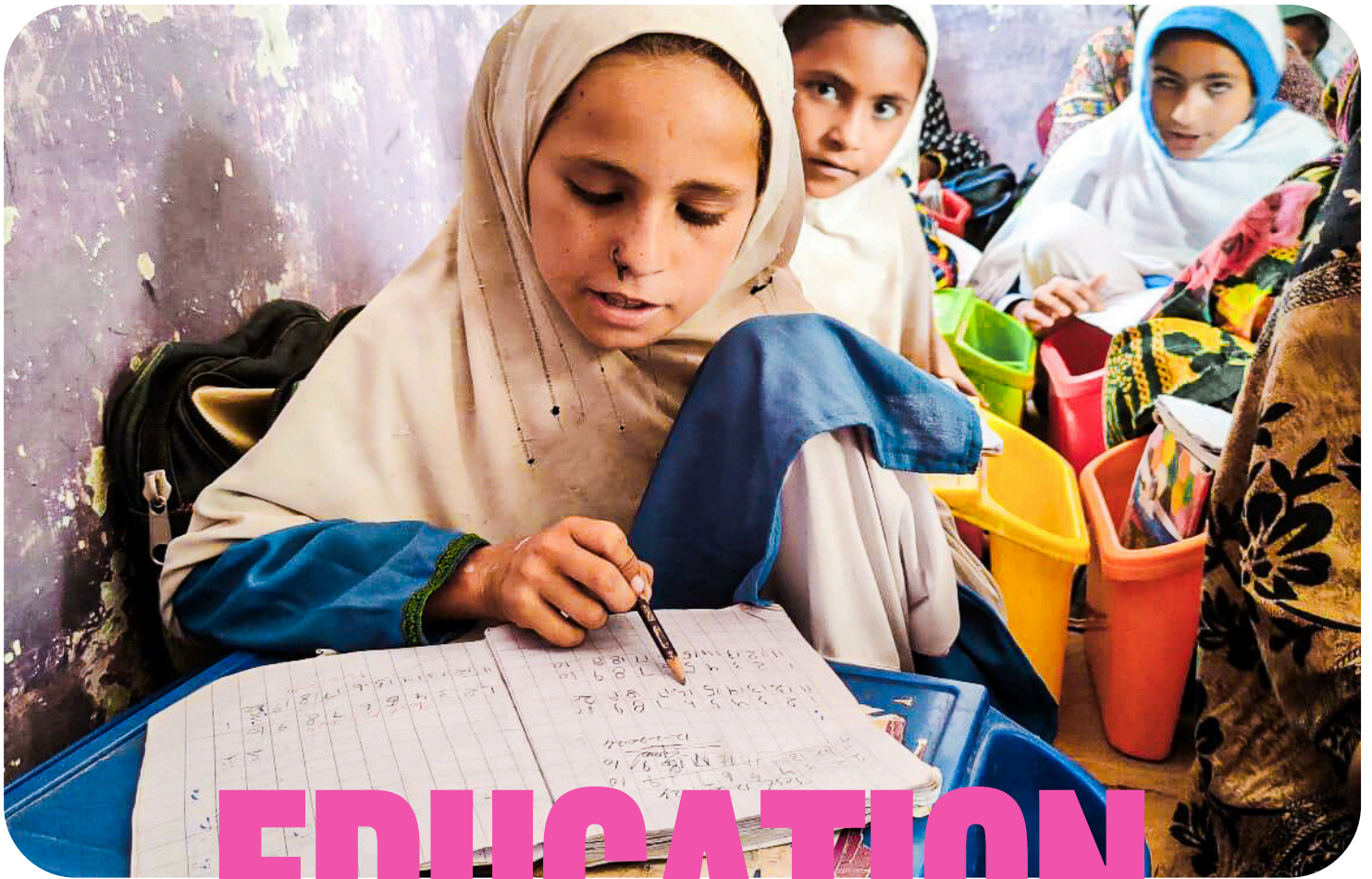
3

countries supported



Each water truck, well, and system we implement not only meets basic health needs and prevents illness. It also supports sustainable community health, allowing children to thrive in school and at home. These efforts include:

- Establishing gender-inclusive management structures to support caregivers and families.
- Creating multi-use water systems for schools, healthcare facilities, and agriculture.
- Building and rehabilitating community-supported water wells to ensure reliable access for all.



EDUCATION

Education is a fundamental right. All children deserve safe, nurturing environments where they can learn and grow.

4,881

children are supported through our ECC program



111,073

adults and children are supported overall



8

countries supported



IDRF's education programs provide children and youth with access to high-quality, foundational learning to uplift communities and break the cycle of poverty.

- Empowering teachers with the training they need to support student success.
- Removing barriers to education, especially for girls and children with special needs.
- Providing food and financial assistance to students and their families.
- Supporting children affected by disasters with resources that help ease the psychological impact.



HEALTH SUPPORT

Access to quality healthcare is crucial for children's well-being giving them the ability to focus on their education.

3,210

children are supported through our ECC program



854,175

adults and children are supported overall



4

countries supported



IDRF's health programs provide essential healthcare services to families who lack access to even the most basic medical care. Our healthcare initiatives focus on:

- Providing medical care and treatments to families in need.
- Supporting the setup and operation of medical and temporary clinics.
- Ensuring children have access to regular check-ups, quality treatment, and medication.



PSYCHOSOCIAL SUPPORT

Every child deserves a supportive environment that nurtures their mental well-being.

2,515

children are supported through our ECC program



50,000

adults and children are supported overall



3

countries supported



IDRF prioritizes mental health by providing comprehensive psychosocial support, helping children relieve stress, and build confidence. Our mental health initiatives focus on:

- **Therapy Sessions:** Offering individual and group therapy to address emotional and psychological needs.
- **Interactive Educational Activities:** Utilizing art-based games and recreational toys to promote stress relief and creative expression.
- **Supportive Learning Environments:** Training teachers to create positive and encouraging classrooms that foster each child's emotional growth.

IMPACT HIGHLIGHTS ACROSS THE REGIONS



SOUTHERN AFRICA

695



children were supported in Lesotho and South Africa

ASIA

2,656

children were supported

PAKISTAN

1,200

children were supported



AFGHANISTAN

493

children were supported



BANGLADESH

963

children were supported



MIDDLE EAST

1,430

children were supported

PALESTINE

115

children were supported



YEMEN

115

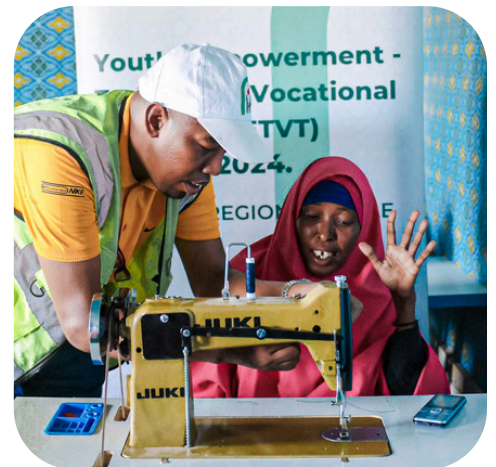
children were supported



TURKIYE

1,200

children were supported



EAST AFRICA

100

children were supported in Somalia





PALESTINE

The crisis in Gaza has impacted mental health, leaving every child in need of support. With the absence of education and over 600,000 children out of school, the constant exposure to violence has taken a toll on their well-being.

Since October 7, over 40,000 lives have been lost, more than 100,000 people have been injured, and over 1.9 million people have been displaced, 85% of whom are women and children.

IDRF continues to provide essential support through:

- Psychosocial support through arts, games, and group activities, helping children heal and regain a sense of normalcy.
- Food assistance through vouchers, food parcels, and hot meals to reduce hunger and malnutrition.
- Delivering clean water through water trucks to ensure families have access to safe drinking water amidst the shortages.
- Temporary health centers that provide immediate medical and sanitation support to prevent the spread of disease.



115 children were supported



Story
Highlight

“

The place had games, and I played a little to ease my fear. I felt a bit comfortable and secure because it was a safe place, away from the bombings. For the first time, I slept through the night without hearing explosions.

Naima
Gaza, Palestine

NAIMA'S STORY

The ongoing siege and exposure to violence have robbed Gaza's children of the stability they need to feel safe, creating an urgent need for emotional and psychological support.

Naima is a 10-year-old girl from Khan Younis, Palestine, who has endured the pain of displacement. After her family fled their home during violent bombings, they sought refuge in a shelter by the sea. There, she received psychosocial support, found comfort in playing games and engaging in painting workshops, which helped her overcome her fears.

Over 600,000 children across Gaza are out of school and Naima is among those affected as a result of the bombardment.

With dedicated support, she transformed from a shy child into a confident, active student who enjoys engaging with her community.

Thanks to your support, children like Naima can access essential resources providing her with an escape, even if it is just for a little while. However, much more assistance is needed to help all displaced families in Palestine during this critical time.



“

I receive support and encouragement from my teachers. I participate, play, and feel happy when I take my homework back to my tent. My wish is to return home with my sisters, go back to school, and continue my education.

Adam
Gaza, Palestine

ADAM'S STORY

For children like Adam, life in Gaza has meant constant instability, where the comfort of home and the joy of school are replaced by repeated displacement, loss, and the search for safety.

Adam is a 12-year-old from Gaza, who was forced to leave his home and relocate to Khan Younis, where he was provided shelter and psychosocial support.

Initially, he experienced a sense of normalcy, going to school with his sisters and spending time with friends. However, the ongoing violence forced his family to flee multiple times, where he took shelter at his grandmother's home, then at schools, as the bombings continued. During this time, he tragically lost his father and sister and sustained an injury to his leg.

Upon reaching a stable shelter, Adam and his family received ongoing psychosocial support, food, clothing, and housing. He was enrolled in educational programs, but his attendance was initially inconsistent as he took on household duties to help care for his younger sisters.

IDRF's psychosocial support team worked with his family to establish a schedule, allowing him to regularly attend lessons and participate in activities. Despite his challenges, he now attends classes and participates in activities, finding encouragement and stability. His hope is to return home and continue his education.



YEMEN

Yemen's children face an uncertain future as conflict and economic hardship have left nearly 4.5 million without any access to education.

Damaged facilities, overcrowded classrooms, and limited resources have made it increasingly difficult for children to attend school. This has forced many teachers to seek other jobs and families to sacrifice their children's education due to rising costs.

With the threats of bombardment, the children of Yemen are deprived of a safe space to learn. IDRF's children's education program in Yemen delivers essential resources like textbooks, school uniforms, daily meals, clean water, and safe sanitation facilities.

By rehabilitating classrooms, lab equipment, and support for teachers, the program helps create a stable, encouraging environment for Yemen's children to return to learning and rebuild their future.




115 children were supported





TURKIYE

Turkiye is home to the largest population of Syrian refugees, facing numerous challenges as they rebuild their lives in a new environment.

With over 3.4 million Syrians now residing in Turkey, the majority live in urban areas alongside other refugee groups in search of safety.

In response to urgent needs for psychosocial support, education, and skill development, essential services have been implemented to assist both refugees and the host community in coping with these challenging circumstances.

Programs focus on creating child-friendly spaces, providing vocational training, and offering language courses, which help build connections and a sense of security.

Through these initiatives, refugees and local communities alike are better equipped to rebuild and thrive together.



1,200 children were supported



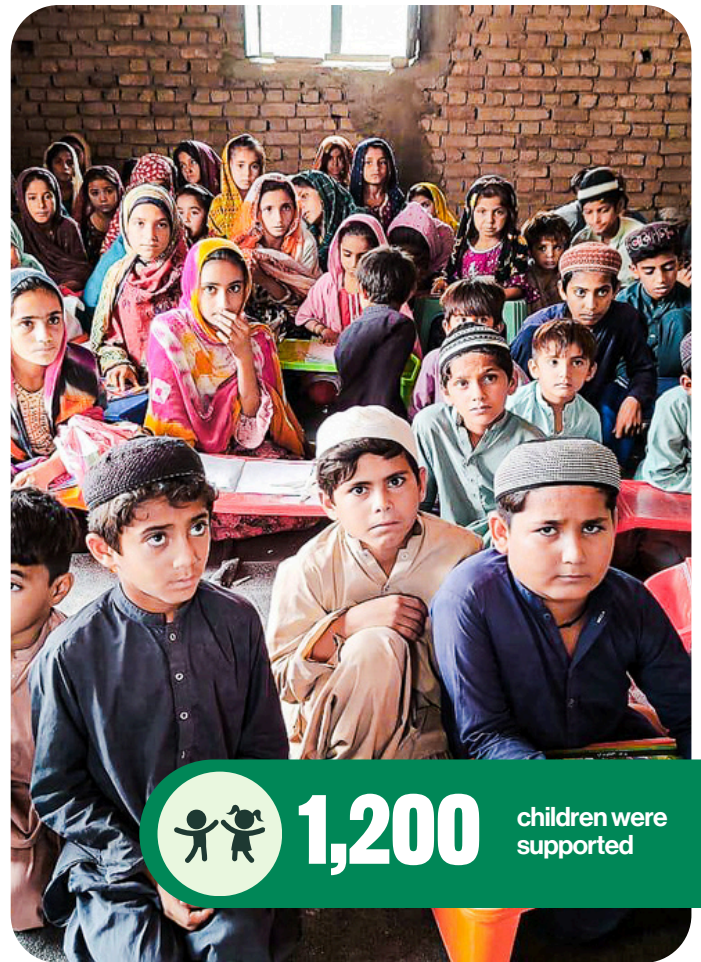
PAKISTAN

Children in Pakistan face severe challenges, including poverty, malnutrition, limited access to education, and widespread child labour.

The impacts of climate change add to Pakistan's challenges with frequent floods, heatwaves, and droughts affecting the economy, agriculture, and public health. The 2022 floods alone have impacted millions, causing severe damage across the country.

With your support, we have provided students in Kaghan Valley with quality education and essential resources to enhance their learning experience.

In addition, we have launched Education in Emergencies, establishing 42 temporary learning centers that offer education, programs for young girls, WASH, nutrition, and psychosocial support, with a special focus on programs for young girls. This initiative has reached thousands of children across Kaghan Valley, Karachi, Punjab, Sindh, and Balochistan.





Story
Highlight

“

I want to become a doctor because there's no female doctor in my village or nearby. My goal is to provide the care that families here desperately need.

Aliya
Pakistan

ALIYA'S STORY

Against a backdrop of poverty and ongoing recovery challenges, rural communities in Pakistan are among the most affected. The scarcity of educational facilities, particularly for girls, furthers the cycle of poverty.

Seventeen-year-old Aliya lives in the remote village of Paras Bella in the Kaghan Valley in Pakistan. As the eldest of five, she supports her family while her father, a driver, struggles to make ends meet, especially with her mother battling hepatitis C and tuberculosis.

Despite these hardships, Aliya has excelled academically as a result of the free education program we provide where she discovered her passion for biology and dreams of becoming her village's first female doctor.

With the guidance of her teachers, and her determination, Aliya is breaking barriers, aiming to bring much-needed healthcare to her community and inspire other girls across Pakistan.



BANGLADESH

In Bangladesh, children face daily obstacles of poverty, hunger, and limited access to education and healthcare.

In rural areas, child labour remains a critical issue, leaving countless children vulnerable to the harsh effects of climate change. Economic challenges, political unrest, and human rights concerns have impacted both the environment and people's livelihoods.

With your donations, we have been able to support students in Gazipur by providing essential educational materials, uniforms, and school supplies, enriching their learning experience and helping them build a brighter future.



963 children were supported



Story
Highlight

People
Helping
People

REBUILDING COMMUNITIES
SINCE 1984



“

I used to struggle attending class without a uniform or books, as my family couldn't afford school supplies. Thanks to this project, I have my own uniform, books, and a school bag. I feel happier and more confident going to school every day.

Zoha
Bangladesh

ZOHA'S JOURNEY

In Bangladesh, over 60 million children live in poverty, facing daily challenges such as hunger, limited access to clean water, healthcare, education, and basic school supplies.

Zoha, a 10-year-old girl from Gazipur, Bangladesh, had a challenging start in her educational journey due to her family's financial struggles. Without essential school supplies like uniforms and books, attending classes was difficult, and she often felt left out.

With IDRf's education program, it provided Zoha with everything she needed to succeed in school, including a uniform, school bag, shoes, textbooks, and stationery. For the first time, she also had access to computers, which opened up new learning opportunities for her.

The support from the project significantly boosted Zoha's confidence and participation in school. She no longer felt isolated and was excited to learn. The emotional and psychological support she received, helped her feel a sense of belonging and improved her overall well-being.

Despite the initial hurdles, Zoha now regularly attends school, engages in various activities, and is enthusiastic about her education. She dreams of continuing her studies and achieving her goals, thanks to the newfound support and resources.



AFGHANISTAN

After decades of conflict and violence, Afghanistan remains on the brink of survival, with over 24 million people in dire need of humanitarian aid. As a result of crisis and displacement, 3.5 million children are deprived of access to quality education.

With the restrictions on education for young girls, the literacy rate in Afghanistan has declined significantly, now standing at just 22.6% for adult females compared to a 52.1% in males.

With the absence of education, it further exacerbates the cycle of poverty preventing young children from reaching their potential as young adults.

Your donations contribute toward providing vocational education through a community center to the children of Afghanistan. This includes training in tailoring, carpet weaving, carpentry, as well as education in language, literacy, and computer skills.



493

children were supported





SOMALIA

With conflict spanning decades, the threat of displacement, natural disasters, and high costs have left over 3 million children in Somalia without an education.

Poverty and the lack of supportive school environments drive high dropout rates, with families often forced to prioritize food over school supplies or hygiene kits.

Overcrowded classrooms, inadequate sanitation, few trained teachers, and limited learning materials make learning difficult, leaving many children unable to pursue higher education.

With your support, we provided educational programs for IDP children in Somalia, providing care, school supplies, and free breakfast. Additionally, our vocational programs help youth develop skills in technology, tailoring, as well as beauty and salon services.



100 children were supported



Story
Highlight



“

I am excited to have the opportunity to access education and enjoy breakfast at school. This gives me hope and confidence for a brighter future.

Asad

Daynille District, Somalia

ASAD'S JOURNEY

In the Daynille District of Somalia, 10-year-old Asad has faced unimaginable challenges, enduring loss, hardship, and no access to education in an environment where survival is a daily struggle for children and their families.

After losing his father, Asad's mother became the sole caregiver for him and his four siblings. With no means to pay for food, school fees, or basic necessities.

Asad and his siblings were deprived of an education and putting food on the table was a constant challenge for his mother and siblings.

Despite these hardships, his life changed through the Every Child Counts program. He now attends school, where he receives free education and a nourishing breakfast each day, allowing him to focus on learning rather than survival.

For Asad, this opportunity is more than just access to education; it's a pathway to a brighter future.



LESOTHO & SOUTH AFRICA

In Lesotho, fewer than 20 of the 4,000 schools support children with disabilities, mostly in Maseru, requiring families to travel long distances. With 60.7% of the population in South Africa living below the poverty line, access to healthcare and disability support is severely limited.

Educational facilities are often inaccessible and lack essential resources, such as sign language interpreters, support staff, and specialized materials.

IDRF's initiative in Lesotho and South Africa improves access to education and social inclusion for children with cerebral palsy by expanding local schools' capacity.

With your support 28 underprivileged schools received tools to strengthen their curriculum, covering uniforms, school supplies, meals, assistive technology and furniture for schools across the region.



695 children were supported





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The support has been crucial in helping our center thrive, empowering our children to learn and grow in a supportive environment.

Maria

Lilydale, Mpumalanga, South Africa

BUILDING A BRIGHTER FUTURE AT TSEMBA-HOSI CENTRE

For kids at Tshemba-Hosi Centre in South Africa, access to school means more than just education; it provides stability, essential resources, and dedicated care for children with disabilities.

Founded in 2001 in Lilydale, Mpumalanga, South Africa, the center serves 30 children with various disabilities, including Cerebral Palsy, offering a safe and caring environment where each child can thrive.

However, the Centre faced consistent challenges in providing meals and sanitary supplies, which impacted children's health.

With support from IDRF and local partners, children can now attend school regularly. Nutritious meals keep them healthy and focused in class.

Hygiene items enable caregivers to provide care for children with severe disabilities, creating a nurturing space where every child is empowered to learn and grow.





every
child
counts!

Together, we are
People Helping People.

International Development
and Relief Foundation

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