IDRF

# Your Donations in Action

Ramadan, 2024

*Zakat builds Lives*

# Our International Response

This Ramadan, thanks to your donations, we were able to make a huge impact! Your Zakat, Fitrah, and Sadaqah donations went towards helping the most vulnerable and those in need.

**359,042**
People supported with food assistance

**339,100**
People supported through water programs

# Our Zakat Where Most Needed Distribution Process

Zakat is a universal welfare system to support people who are most in need and vulnerable.

It ensures enough basic support so that one can live with dignity. Zakat helps save lives and rebuild communities.

At IDRF, we have an internal evaluation system to distribute donations that are allocated as **Zakat Where Most Needed**.

We consider this based on the current circumstances at the time of donation. IDRF follows this procedure:

1. We evaluate and assess needs with our local partners on the ground

2. We make sure to balance crisis management & sustainable development

3. We implement a project that serves immediate needs and builds for the future.

4. Through your trust and support, we collect Zakat.

5. We then allocate your donations to our Zakat approved projects

6. Your donations are delivered and received by our beneficiaries.

# Palestine in Crisis

Since October 7, the Gaza Strip has been subjected to relentless bombardment, deprivation, and unthinkable atrocities. In the West Bank, families face violent raids, grief, and unemployment. Since October 2023, over 40,000 Palestinians have been killed in Gaza — nearly half of them children.

Over 2.2 million Palestinians have been confined to Rafah in the South of the Gaza Strip. Relentless bombardment, widespread electricity blackouts, along with severe food and water shortages, have led to an unprecedented crisis.

IDRF has been on the ground in Gaza, even prior to this crisis, and have been providing urgent relief every single day. Our team has been providing aid across the Gaza Strip. We are committed to reaching as many communities in need as possible.

Our emergency response in Gaza includes vital aid, such as **fresh produce, food parcels, daily hot meals, clean water supply** through water trucking and desalination plants, **hygiene and dignity kits**, and **psychosocial support for children**.

While there are currently restrictions on the entry of aid through the Rafah border, our team has been working tirelessly within Gaza for decades. In addition to our aid trucks, we are sourcing aid locally, which includes food from local farmers, hygiene kits, clean water, and more.

With the support of our donors and supporters, IDRF will continue to support the people of Gaza through this unprecedented crisis.

# Palestine

## Emergency Food Boxes

Despite the challenges, we provided families across Gaza with food boxes throughout Ramadan. Each box contains non-perishable staples, enough to last a family at least 1 month.

## Fresh Produce

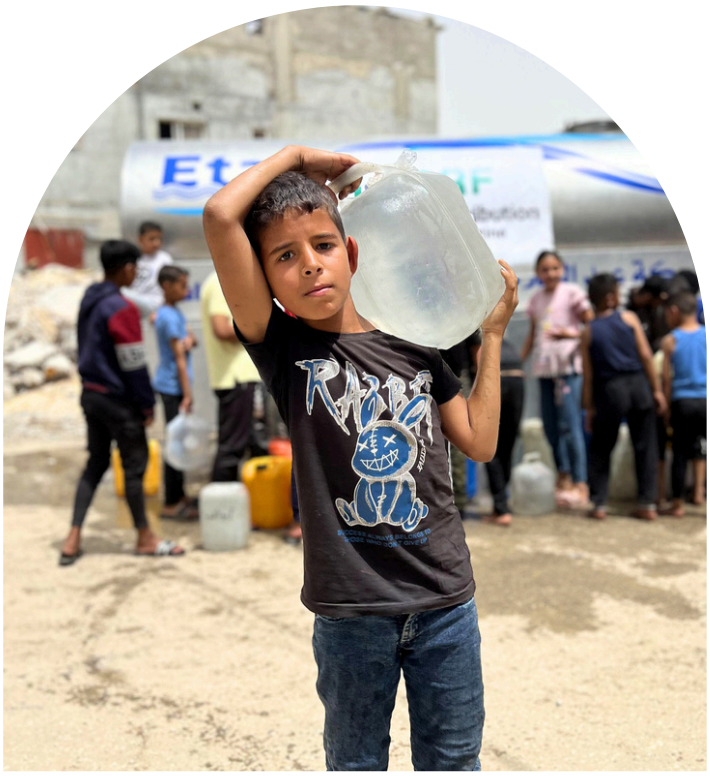
With the support of our local farmers, IDRF has been sourcing nutritious fruits and vegetables to distribute among displaced families across Gaza.

## Hot Meals

Fresh, nutritious meals have grown extremely rare in Gaza. It has become almost impossible to access meat, a key part of the Palestinian diet. You helped us bring daily hot meals to families in Gaza, throughout the month of Ramadan.

## Clean Water Supply

Amidst acute water shortages, families have no water to drink, let alone wash their hands. IDRF has been distributing 80,000 to 100,000 litres of water daily to approximately 20,000 to 30,000 people in Gaza throughout Ramadan.



## Hygiene Kits

Providing hygiene items and clothing is a fundamental component of maintaining basic human dignity, and preventing disease outbreaks under these circumstances. We have been distributing lifesaving hygiene and dignity kits since the onset of this crisis.

## Psychosocial Support for Children

The children of Gaza have been facing immense trauma unlike anything we have seen before, every single day. IDRF provides them with psychosocial support activities, classes, hot meals, clean water, and more, allowing them a brief respite in the midst of chaos.

## Medical Support

In response to the escalating crisis, IDRF has intensified its efforts. Historically, we have been instrumental in the comprehensive medical training of doctors in the region. Tragically, the war has claimed the lives of over 300 medical professionals. In light of this, medical students, supported by IDRF, have stepped up, playing a critical role in sustaining healthcare services and preventing further loss of life.

IDRF is at the forefront of providing essential medical supplies. From consumables to vital medications, our contributions are bolstering the capacities of hospitals across Gaza

## Serving Iftar in Masjid Al-Aqsa

In addition to the crisis in Gaza, Palestinians in the West Bank have been subject to violent raids, grief, and economic loss. Despite the challenges this year, we worked closely with our local partners in Jerusalem to distribute iftar meals to thousands of fasting families at Masjid Al-Aqsa, allowing them to break their fast with dignity.

> Our lives feel like they've regressed a hundred years. We are suffering, starving. What more can I say? We pray to Allah for mercy, and for more people who can help us.
>
> **Majida**
> Gaza, Palestine

# A Mother's Story

## Beyond the sheer brutality that Palestinians are being subject to, the horrors of starvation and disease are another battle altogether.

Majida is one of 2.2 million Palestinians who have been displaced across the Gaza Strip. For months, she has been living in deplorable conditions in Rafah with her family. The sheer indignity of her condition could not be put into words. No food, no clean water, and no nutrition.

With your support, we have been able to provide thousands of Palestinians like Majida with clean water, fresh produce, food parcels, and hygiene kits.

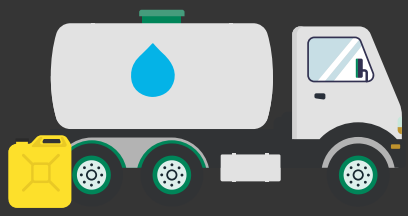
However, this is not nearly enough to combat the mounting crisis in Gaza. The people of Palestine require a steady stream of support in order to survive, and we urge you to stand by them in their time of need.

## Emergency Food Boxes

**44,700**

people were provided with food packages to last a month

## Clean Water Supply



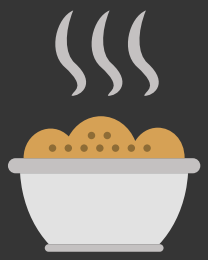
**316,200**

people supported through water trucking

## Fresh Produce

**31,750**

people were provided with fresh food parcels



## Hot Meals

**120,000**

people supported with fresh, hot meals

## Hygiene Kits

**21,000**

people supported with essential hygiene supplies

## Medical Support

**20,000**

people received medical support

## Psychosocial Support for Children

**15,300**

children received psychosocial support

## Serving Iftar in Masjid Al-Aqsa

**30,000**

people were provided iftar meals throughout Ramadan

EST.
97

# Food Assistance

## The reality of starvation affects a staggering 828 million people.

Compounding factors such as armed conflict, climate change, political instability, and economic inflation has pushed countless families to food insecurity.

Amidst such challenging circumstances, your generous donations bring stability, improved health, and hope. With your support, we distribute food to impoverished families and empower sustainable agriculture projects.

Thank you for helping us provide sustenance and combat hunger worldwide — one family at a time.

### Our impact this Ramadan

**28**
Countries

**359,042**
people supported through Food Assistance

### Countries we worked in

Palestine, Yemen, Afghanistan, Pakistan, India, Bangladesh, Somalia, Kenya, Uganda, Chad, Burkina Faso, Niger, Sudan, Turkiye, Syria, Lebanon, Jordan, Morocco, Libya, Botswana, Lesotho, Malawi, Mozambique, Namibia, South Africa, Eswatini (Swaziland), Tanzania, Zambia

**828 million**
individuals struggle to find a meal each day

This year, inflation rates went up by
**8.5%**

# Afghanistan

After decades of conflict and violence, Afghanistan remains on the precipice of survival, with over 24 million people in dire need of humanitarian aid and nearly 16 million facing acute food insecurity.

From economic isolation to climate disasters, many fear the situation may only deteriorate further, exacerbating the suffering of the Afghan people.

This Ramadan, your donations contributed towards thousands of food boxes to vulnerable families in Balkh, Kunduz, Jawzjan and Faryab.

**18,850**
people were provided with food packages to last a month

# Yemen

Yemen is currently in the midst of a severe food crisis — countless Yemenis don't know where their next meal will come from.

In addition to threats of bombardment, Yemen is grappling with widespread hunger, endangering the lives of millions. The scarcity of food has reached an alarming level, with up to 19 million Yemenis facing food insecurity.

Thanks to your generous donations this Ramadan, IDRF provided food packages to fasting families, ensuring they had enough nourishment for the entire month.

**10,000**
people were provided with food packages to last a month

# Bangladesh

## Hunger in Bangladesh continues to soar, with close to 40 million people facing food insecurity today.

In addition to its susceptibility to climate disasters, Bangladesh also houses close to a million Rohingya refugees, who have been fleeing across the border from Myanmar. These compounding factors have led to an alarming hunger crisis in the region.

Your Ramadan contributions have helped us bring food boxes to thousands of families in Bangladesh, providing them with relief.

**11,000**
people were provided with food packages to last a month

# Pakistan

## Pakistan is facing a severe food crisis, as the region continues to reel from catastrophic floods.

As a result, a widespread epidemic of malnutrition and hunger has engulfed the nation, presenting a daunting challenge that demands urgent attention and intervention.

The situation is particularly disheartening, considering that a staggering 44% of children under the age of 5 are afflicted with stunted growth as a direct consequence of malnutrition.

Thanks to your donations this Ramadan, our team in Pakistan delivered food packages to vulnerable families in need to last them the entire month.

**46,800**
people were provided with food packages to last a month

# East Africa

## The horn of Africa is in the grip of a dire food crisis caused by decades of conflict, devastation, and the most severe drought in four decades.

Insufficient funding for humanitarian aid is putting approximately 36 million people at risk of acute food insecurity. The crisis has reached a point where a famine warning has been issued for Somalia. IDRF's dedicated team responded to the dire situation in Sudan, Uganda, Kenya and Somalia by providing vital emergency food support to the most vulnerable communities affected by the devastating drought.

**78,620**
people were provided with food packages to last a month

# Sahel Africa

## Persistent conflicts, climate change, and economic instability have created acute conditions in Sahel Africa, leading to an alarming food crisis.

Approximately 18 million people in Burkina Faso, Chad and Niger are grappling with food insecurity, unable to meet their basic nutritional needs. Distressingly, this crisis has led to an increase in acute malnutrition among young children, affecting over 7 million kids under the age of 5. Your generous donations have provided families in Sahel Africa with nutritious meals to break their fasts during the holy month of Ramadan.

**30,722**
people were provided with food packages to last a month

> I felt that Allah was indeed faithful and kind to me and my children. I feel less worried because this food package can take me and my children beyond Ramadan. Thank you to the providers of this food.
>
> **Inaaya**
> Somalia

# Inaaya's Story

Inaaya, a widow, lived with her 4 children. Since her husband's sudden, tragic death last year, she struggled to support herself and her children.

Near the Somalia border, she faced acute food shortages and water scarcity, leaving her family with just one hot meal a day.

The burden weighed heavily on her, especially when she had to travel a 3 km distance for clean water, causing her to have pains in her body. Without financial support, she saw no hope for the future.

However, with the help of IDRF's Ramadan food distributions, she could provide meals for her family, alleviating some of her worries during the month.

Your donations have provided a lifeline for countless families like Inaaya's.

# Water Assistance

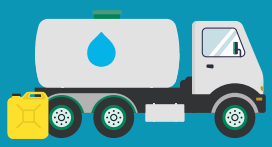
## Close to 4 billion people experience severe water scarcity for at least an entire month, every year.

An acute lack of access to clean water leaves countless families vulnerable to disease. As the climate crisis takes hold, with unprecedented droughts and flooding, water, sanitation and hygiene must be prioritized.

In response, IDRF has been providing access to clean water to thousands of families worldwide, safeguarding their well-being.

This Ramadan, through your donations, we were able to support 339,100 people, through water trucking.

### Our impact this Ramadan



**339,100**
people supported through water trucking

### Countries we worked in

Palestine, Somalia, Chad

Approximately
3 billion
people face water shortages each year
2.4 billion
people are exposed to waterborne diseases

# Chad

## Chad is one of the most water-scarce countries in the world.

Less than 1 in 2 children in Chad has access to safe drinking water, and only 1 in 10 people has access to sanitation.

The mounting climate crisis has led to alarming rates of water scarcity in Chad, threatening the lives of many.

This Ramadan, with the help of our ongoing water trucking programs, we delivered clean water to thousands of families across Chad.

**43,750**
people were provided with clean water

# Somalia

## About half of Somalia's population lacks access to clean water, and must travel long distances to collect it.

This impacts countless women in the region. Many of them face the possibility of sexual harassment and injury on their journeys, risking their safety for insufficient amounts of water, which is often contaminated.

Water trucking brings safe drinking water to the doorsteps of these women.

This Ramadan, you brought relief to thousands of Somalis in need of clean water.

**17,400**
people were provided with clean water

## Our impact this Ramadan

**31,750** fresh food parcels delivered during Ramadan

**150** local farmers provided with training and rehabilitating their individually-owned farms

# Zakat Al-Fitr distribution in Gaza

For years, your Zakat Al-Fitr donations have empowered our long-term initiative, uplifting the lives of the underprivileged families residing in Gaza.

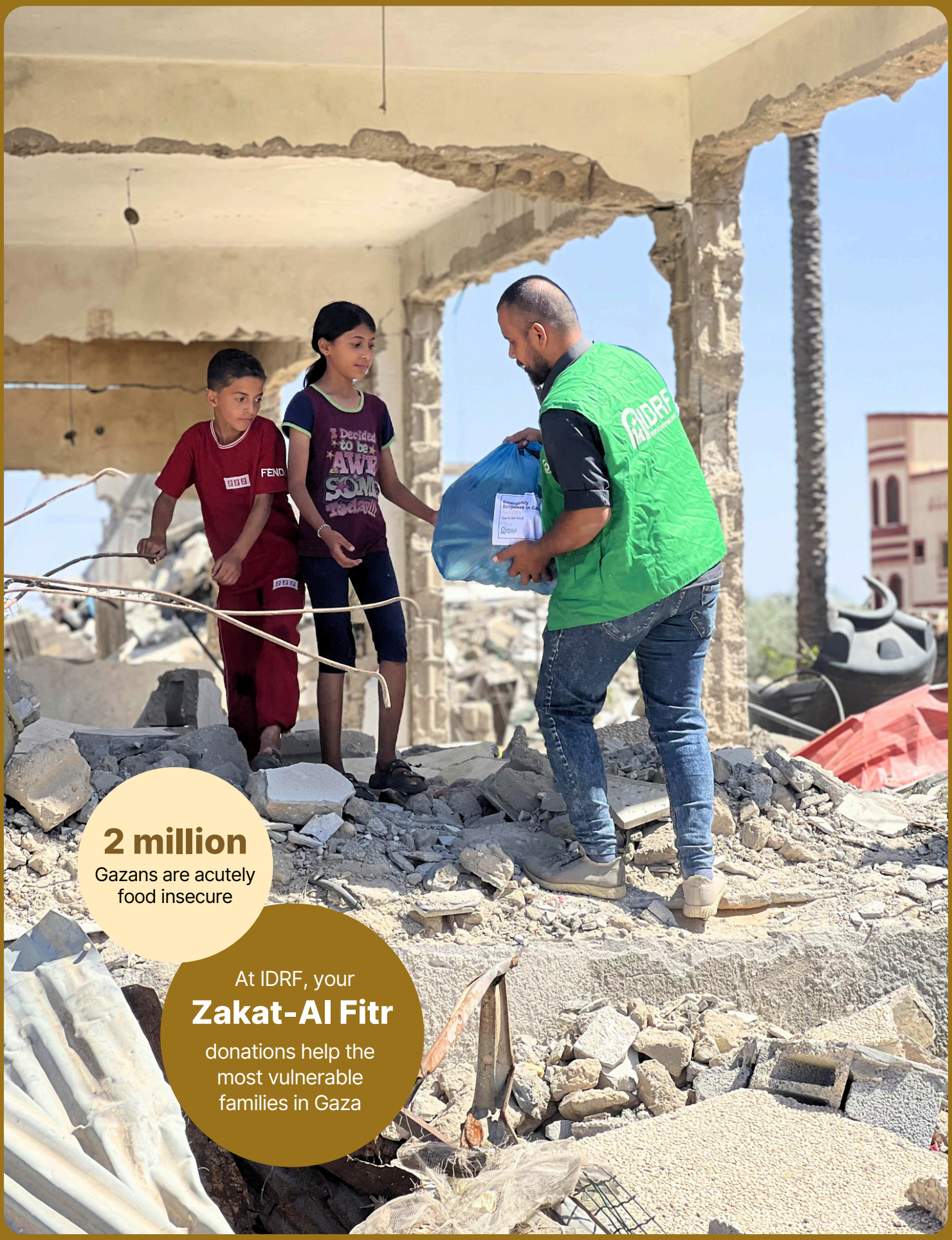
Every year, through our comprehensive approach, we'd uplift over 150 local farmers by providing them with training and rehabilitating their individually-owned farms.

By purchasing fresh produce and food items directly from these farmers, we're not only supporting them but also ensuring families have access to nourishing meals throughout the year, including during the holy month of Ramadan.

This Ramadan, however, was different.

Despite numerous obstacles, we were able to source fresh produce with the help of local farmers across the Gaza Strip. This helped us feed thousands of families since the onset of this crisis, during Ramadan, and beyond. Moreover, we also supported local farmers, who would otherwise be struggling in their time of need. Thousands of families received fresh food parcels containing fruits, vegetables and a source of protein.

Your donations not only relieve hunger but also help uplift the local economy.




**2 million**
Gazans are acutely food insecure

At IDRF, your
**Zakat-Al Fitr**
donations help the most vulnerable families in Gaza

# Food Distributions

## Households living below the poverty line and unhoused communities are particularly at risk to food insecurity.

To combat hunger in Canada, IDRF distributes hot meals to Canadians across the nation every Ramadan. In Montreal, we collaborated with **Grillados**, and hosted weekly Ramadan hot meal distributions to those in need across the city.

We extended our efforts to the Greater Toronto Area, collaborating with **Halal Meals TO** to distribute hot meals to vulnerable folks in Regent Park, Etobicoke, and across Toronto.

**2,500**
hot meals were distributed

# Emergency Kits Packing for Palestine

## This Ramadan, many of you also volunteered with your loved ones, to help us put together emergency kits for families across Palestine.

With your support, we were able to pack and send over 2,500 family emergency kits to the Rafah border, aiding those in the West Bank and Gaza. Your efforts will directly contribute to alleviating the hardships faced by these communities.

Each kit includes toothbrushes and toothpaste, a pack of sustainably sourced soaps directly from impoverished women in Cambodia, a solar light, water filtration units, and buckets.

**2,500**
family emergency kits sent to Rafah border

# Community Events

## This Ramadan, our community came together like never before.

With the support of dedicated volunteers, staff, business ambassadors, and community leaders, we hosted workshops and Community Iftars nationwide.

Your presence and generosity at our events in **Montreal, Vancouver, Victoria, Calgary, London** and **Toronto** made a significant impact on vulnerable communities both locally and globally.

*Thank you for being part of this initiative to bring a joyous a Ramadan to everyone.*

Let's Support Gaza
$100
$60
$210
$100
$50

# Thank you Volunteers!

IDRF extends its appreciation to all the volunteers who generously dedicated their time and effort to contribute to the success of IDRF's events. Your enthusiastic participation and selfless efforts have played a pivotal role in making our events memorable and impactful. Thank you for being an indispensable part of the IDRF family!

*Together we are*

**People Helping People.**

**Human Dignity • Social Justice • Self-Reliance • Sustainability**

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