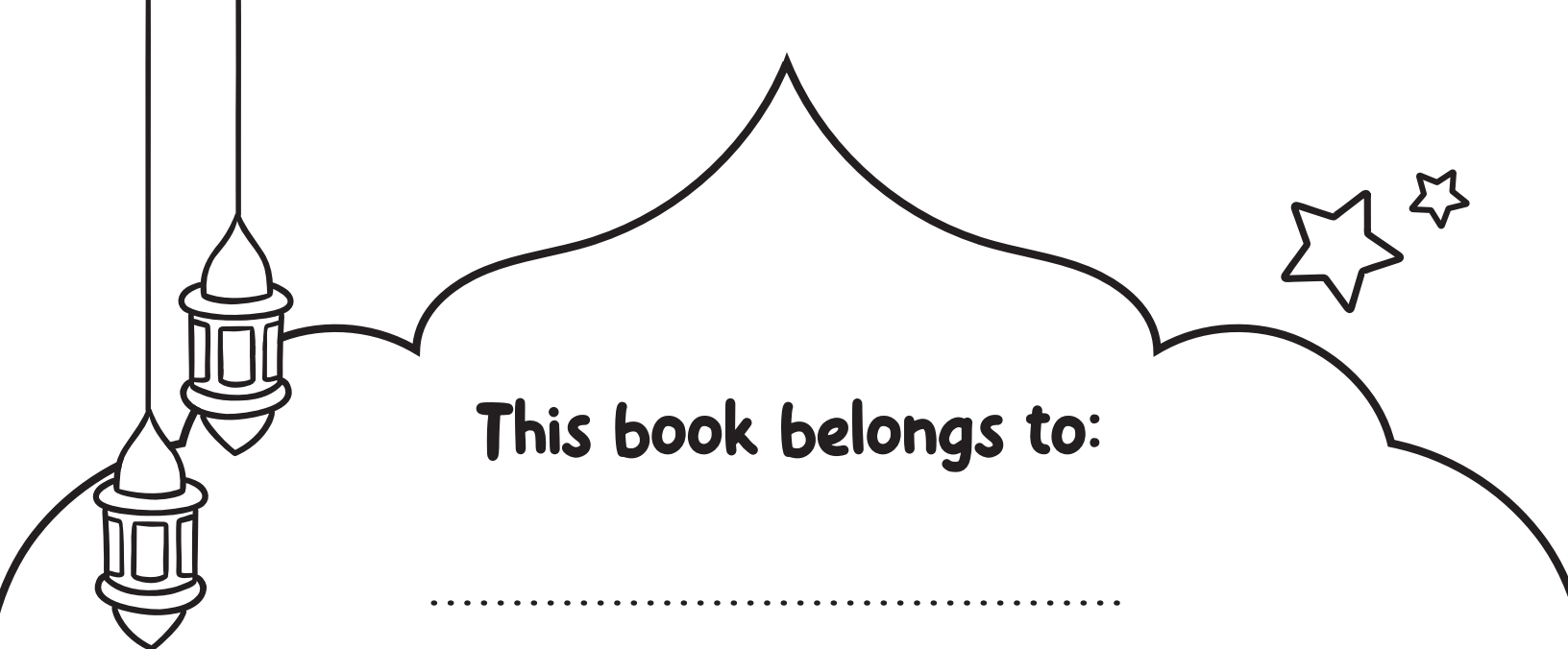


# My Ramadan Capsule



**This book belongs to:**

.....

**Year** .....

I am

Years old

My

birthday

height

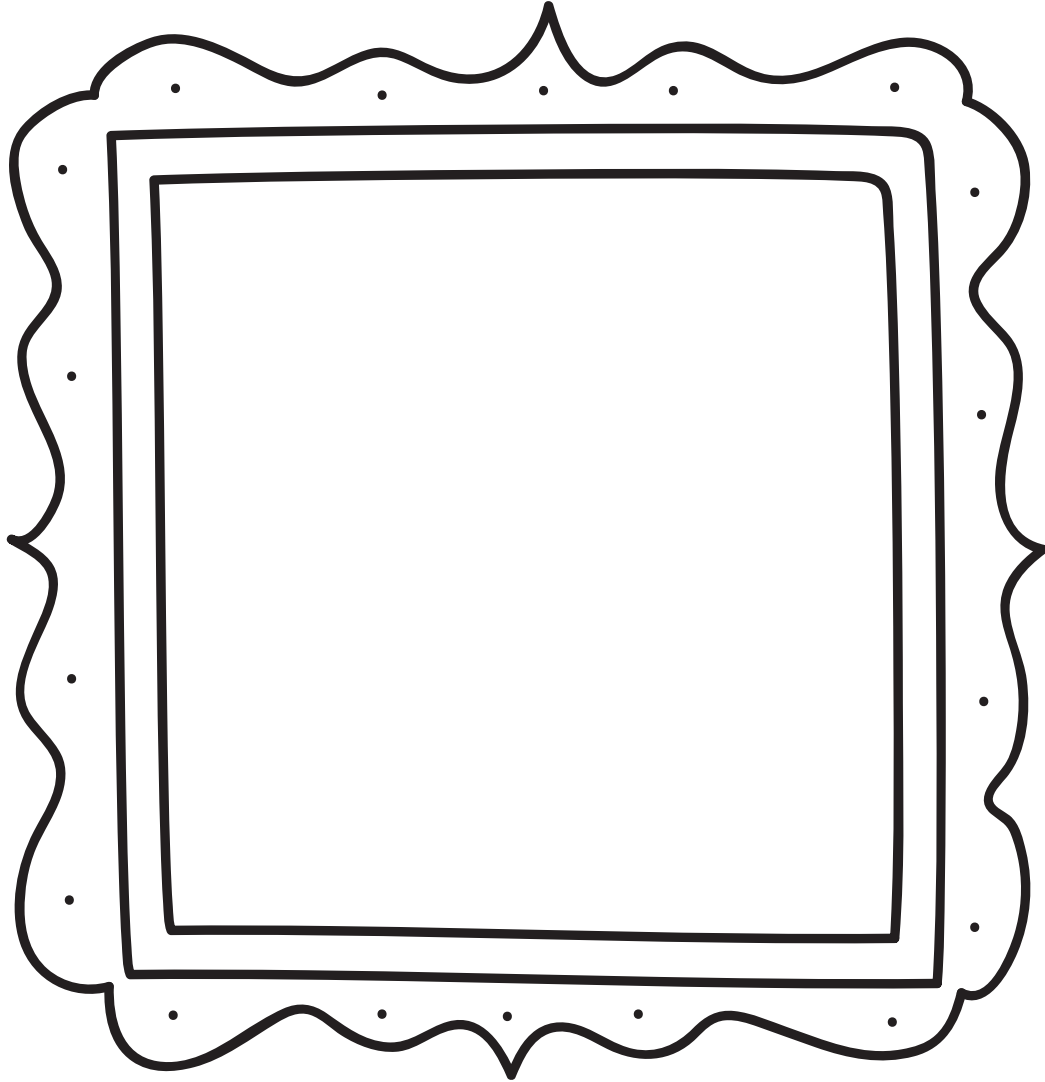
weight

**What do I love about  
Ramadan?**

**What I am looking  
forward to this  
Ramadan?**

# How am I feeling?

Draw a portrait of yourself and show how you feel.



A picture of me

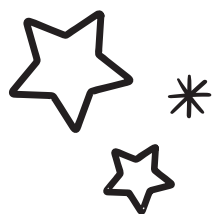
Words to describe how I feel...

# You are living through history

Take a moment to fill these pages for your future self to look back (ie. photos, newspaper clippings, any artwork etc.)

# Ramadan Bucket list

Write a wishlist of items you wished to achieve this Ramadan.

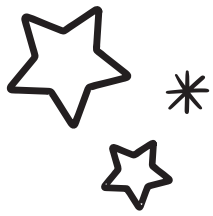


What are you most  
**Grateful for?**



Draw them in the gratitude jar





# Ramadan Goals



**Quran**

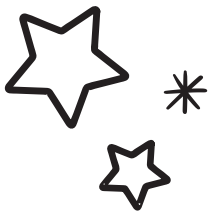
**Fasts**

**Good Deeds**

**Salah**

**Laylatul  
Qadr**





# Your Masjid



Draw your favourite masjid and people at the masjid.

Name of Masjid: .....





A day in  
Ramadan

to remember



Write a story about a day in Ramadan you want to remember.

Ramadan Day: ..... Today's Date: .....

Draw a picture or paste a photo here.

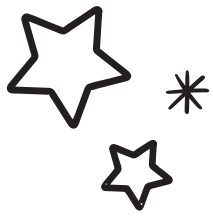
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# My Top Picks for Ramadan



Place a favourite moment here

**Favourite Surah**

.....

**Ramadan Treats**

.....

**Ramadan Book**

.....

**Ramadan Activity**

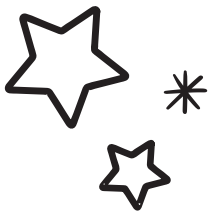
.....

**Ramadan Food**

.....

**Best Thing  
About Ramadan**

.....



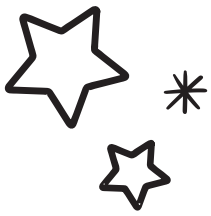
# My Top Picks for Ramadan



**My favourite Ramadan traditions...**

**New Ramadan traditions that you  
started this year...**

**This Ramadan, I am thankful for...**



# My Ramadan

My favourite way to celebrate Ramadan...

How I spend my Ramadan in .....?

My top 3 moments from Ramadan



.....



.....



.....

# Draw Jannah

Think about what you want in Jannah. Draw a picture and use this to remind you to be good.

This is a decorative worksheet for writing a letter to oneself. The page is framed by a hand-drawn border featuring stars, moons, and swirls. At the top center, the title "Letter to myself" is written in a large, bold, sans-serif font. Below the title, the text "Dear Me..." is written in a smaller, bold font. Following this prompt are ten horizontal dotted lines, each preceded by a small dot, providing space for the letter's content. The overall design is whimsical and child-friendly.

[illegible]

# Letter from my parents

.....

.....

.....

.....

.....

.....

.....

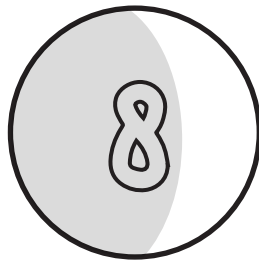
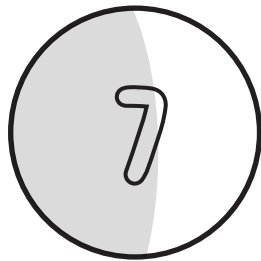
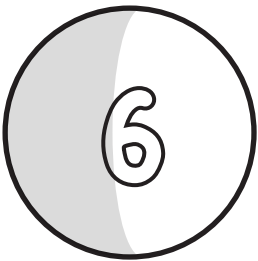
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# Ramadan Calendar

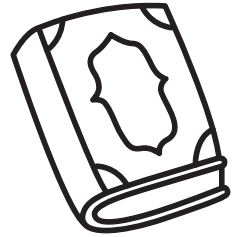
Colour in the phases of the moon as they go by to  
keep track of when Eid will be here!





# Ramadan DAY..... DATE.....

Use this page to track your daily activities.



Did you read Quran today?

Yes

No

## Today's Goals

Write 3 good deeds that you did



.....

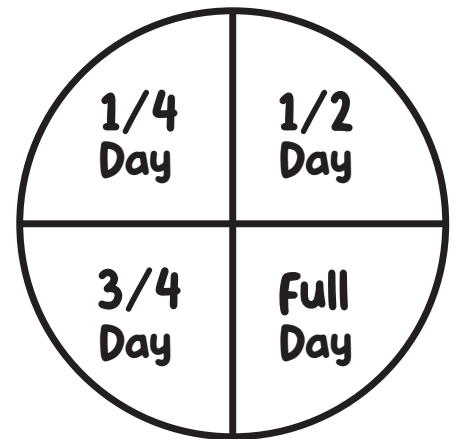


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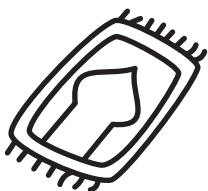


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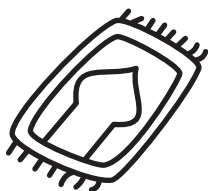
Did you fast today?



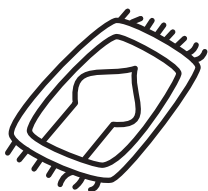
## Salah Tracker



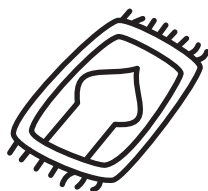
Fajr



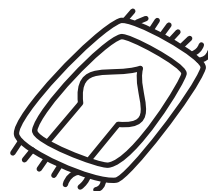
Dhuhr



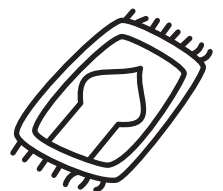
Asr



Maghrib



Isha



Taraweeh

# A dua a day

Ramadan is a month for us to make lots duas. Colour the duas you have made this Ramadan.

Keep the love of Islam in my Heart	Increase my love for Allah SWT and Prophet Muhammad SAW	Keep the ummah united and one	Help us to be on the right path	Keep us to be steadfast in times of fitnah
Give me wisdom in my words and actions	Increase my love for the Quran	Make a hafiz of the Quran	Grant me the success of the dunya and akhirah	Grant us all Jannatul Firdaus
Grant us all Husnul Khatimah	Let my last words be glorifying you and my last deed by my best deed	Give me guidance to show the truth	Grant me a life full of blessings and righteous deeds	Help me to trust in you with all my heart
Grant me what is the best for me	Forgive me from any wrong doing	Help me to stay away from sin	Protect me and my loved ones from all evil	Have mercy for my parents and grandparents
Accept all my prayers and action	Fills my heart with peace and tranquility	Forgive me and those who have committed sins	Help me to be a kind and good human being	Help me show compassion to others
Guide me to make the right decision and choices	Help me to be patient	Have mercy and ease the suffering of those who are suffering	Grant victory to those who are being oppressed	Accept all my duas

# Dua for Laylatul Qadr

اللَّهُمَّ إِنَّكَ عَفُوفٌ كَرِيمٌ  
تُحِبُّ الْعَفْوَ فَاعْفُ عَنِّي

**Allahumma innaka Afuwwun [Karimun]  
tuhibbul `afwa fa`fu`annee**

*Oh Allah, indeed You are Most Forgiving,  
You love forgiveness, so forgive me.*



# A deed a day

Ramadan is a month for us to do as many good deeds. Colour the deed you have completed each day.

Memorize a surah or a dua.	Read a page of the Quran today.	Give charity. Give a little more to the needy.	Make dua. Ask Allah SWT for anything,	Keep us to be steadfast in times of fitnah
Pray Taraweeh at night as much as you can. End it with Witr.	Don't delay your iftar. Eat as soon as you hear the athan.	Try fasting today.	Give out dates to friends and family.	Help a family member.
Say Subhanallah, Alhamdullilah, Allahu Akbar	Help your mom around the house today.	Clean your room.	Do the morning and evening dhikir.	Read an Islamic book.
Watch or listen to an Islamic show for children.	Think about the bad habits you want to change.	Learn a hadith today.	Learn a short surah today, or a few verses of the Quran.	Pick a short surah and find out what it means in English.
Give to charity.	If you have siblings, spend time teaching and playing with them.	Learn some Arabic today.	Read a book or watch a video about our prophet Muhammad SAW.	Try and fast, pray, read lot of Quran, dua and dhkir.
Learn some sunnah acts	Always be thankful. Say Alhamdullilah.	Learn 5 or more of Allah's(SWT) names.	Watch a video or read a book about the caliphs of Islam.	Memorize any of the quranic dua.

# Good deeds BINGO

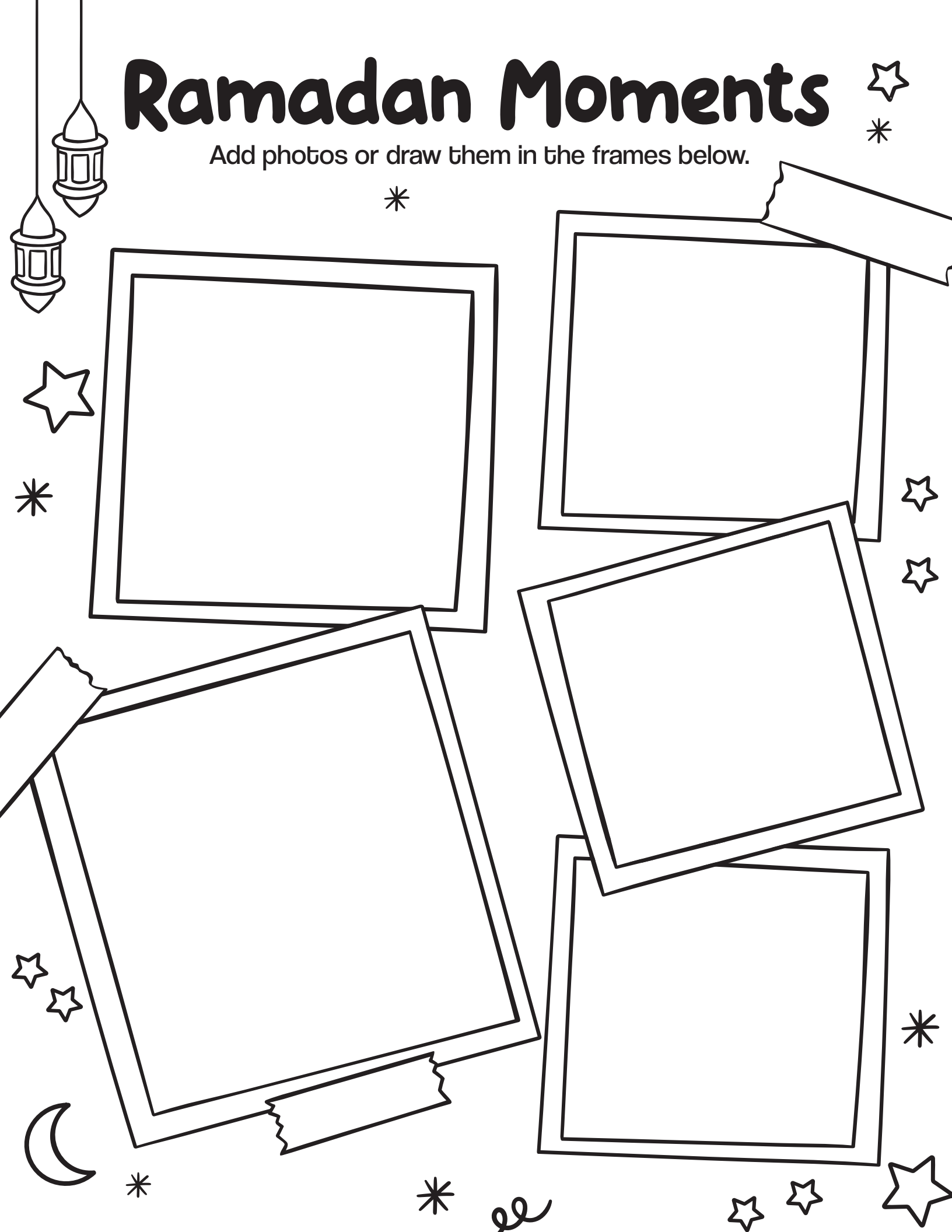
How many good deeds you can do a day?  
Draw a star around each good deed you do.

Ramadan Day: ..... Today's Date: .....

Recite Quran	Pray Fard Prayers	Make Dua	Fast a full day	Clean your room
Call or spend time with your grandparents	Pray Taraweeh	Memorize a Surah	Help make iftar	Help do the dishes after iftar
Say something nice to someone	Give everyone in your family a hug		Do something nice for your parents without being asked	Pray Together in congregation
Donate to charity/ masjid	Pray Nawafil Prayers	Tell everyone in your family you love them	Learn a hadith	Remove the rubbish
Give a gift to someone	Make Dhikir	Pick a short surah and understand it in English	Help your parents around the house	Help your siblings

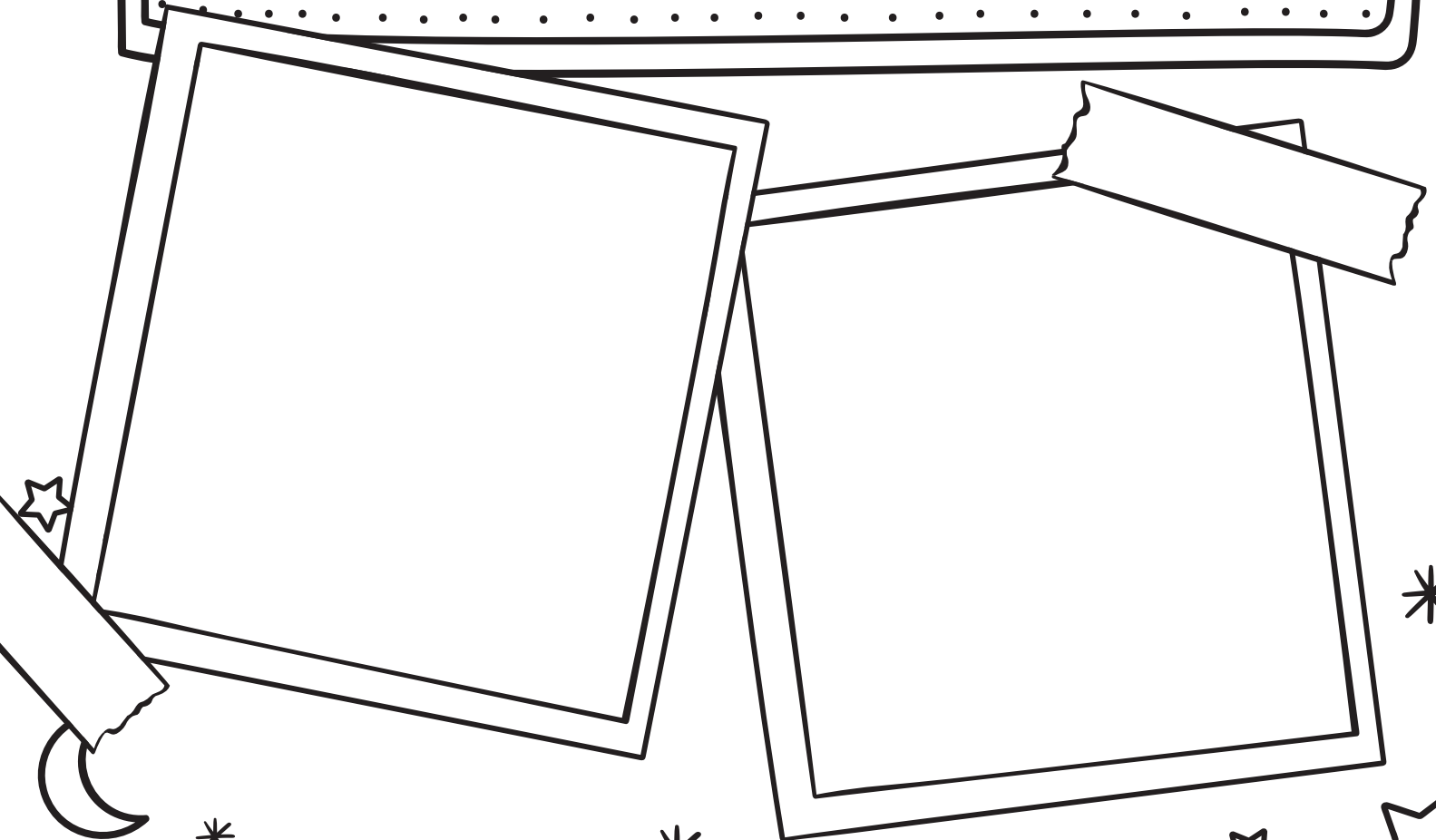
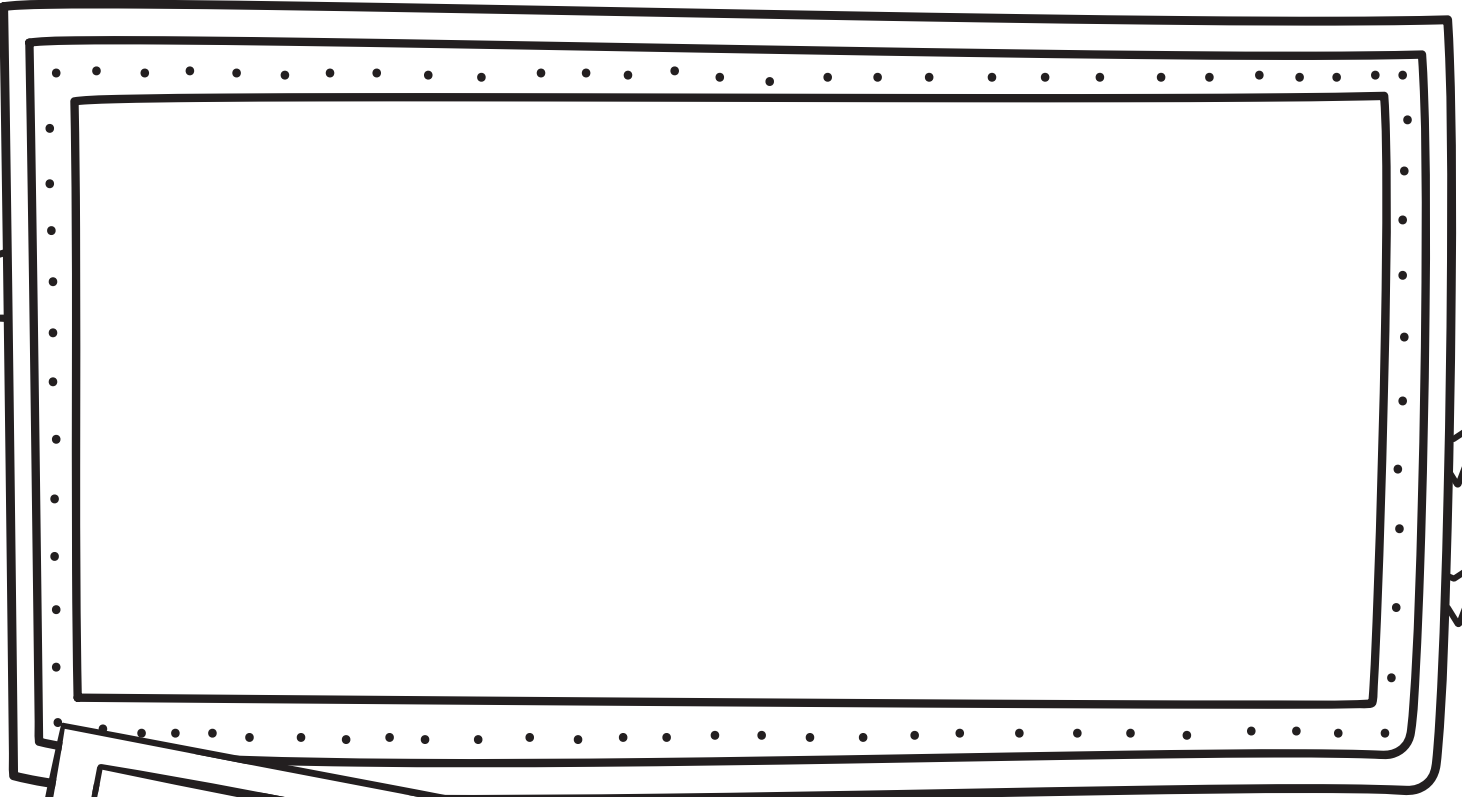
# Ramadan Moments

Add photos or draw them in the frames below.



# Ramadan Moments

Add photos or draw them in the frames below.



# My Eid Wishlist

1

.....

2

.....

3

.....

4

.....

5

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6

.....

7

.....

8

.....

9

.....

10

.....



# Kids helping Kids



Human Dignity • Social Justice •  
Self-Reliance • Sustainability

## International Development Relief Foundation

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**Charitable Registration No:**  
**132542705RR0001**

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